

A NON - PROFIT COMMUNITY PUBLICATION

## Trials and Tribulations: American Sweep in Metchosin Sheepdog Trial



Will they or won't they go into the pen? (Often this was as close as they came.) Brian Domney photo

Johnny Carline

They came from all over Washington; they came all the way from California. They came to see "the most gorgeous trial field we have ever seen." They came to renew old friendships and make new ones – "we really appreciate the warmth in how we have been received."

And the Americans came to win.

Not that it was going to be easy. A standing-room-only crowd, estimated at over 700 people over the two days, witnessed an intense battle between highly trained and intelligent dogs and the unpredictable, fearless Parry Bay sheep, and a very friendly rivalry between Canadian handlers and the American visitors.

The Canadians came from all over BC, from as close as Cobble Hill and Brentwood Bay to as far as McBride and Enderby. They battled the smoke to escape 100 Mile House, and wondered what the smoke would be like in Metchosin. (It turned the sun red, but the sun shone and the smoke lifted.)

Led by Jennifer L'Arrivee from McBride, whose effervescent personality brought sparkle both on and off the course, and by Lorne Landry from 100 Mile House, whose cheering section included his wide-eyed adoring granddaughter, the Canadian handlers and dogs performed magnificently. But the challenges were many.

First there was the course. The oak trees, the Juan de Fuca Strait and the Olympic Mountains provided a distracting vista of scenic perfection. But the 500 yards of rolling grass tested even the

fittest dog, especially as the noontime heat kicked in. If the shepherds hoped the famed Metchosin wind would bring afternoon relief, they hoped in vain.

And, of course, there were the Parry Bay sheep, famous, or infamous, for not being "dog broke." Border collies move sheep by "giving them the eye" – simulating a stalking wolf with the implicit threat that if the sheep did not move, it would shortly be in the dog's kibble dish. The Parry Bay sheep were largely contemptuous of such threats. They defiantly stared back at the dogs, as if to say: "we have to deal with bears and cougars, so back off, wimp!" Stand offs were frequent; ewes, and even lambs, charging the dogs were common. At one point it even appeared the sheep were actually trying to pen the dogs.

The sheep scattered when they should have gathered, gathered when they should have split, rolled over and played dead, and showed such a disinclination to enter the pen that one could have been forgiven for believing that they saw a Glenwood Meats butcher in there sharpening his knives.

Then there was the flock of Canada geese which one unfortunate dog encountered on its outrun. The dog did what any good border collie would do encountering a flock – tried to "lift" them (get them moving towards the shepherd). The flock lifted alright; right over the dog's head, over the trees and over the horizon towards Esquimalt lagoon.

After a couple of desultory hops, the dog sat down in despair and ignored all further commands coming from

the handler's post. Whistles, shouts, wild gesticulations by the handler were all to no effect. Then, with a look of disgust, the dog walked back, deflated, as if to say: "I've seen all the Parry Bay sheep tricks and was prepared to take them on – but (expletive) flying sheep! That's too much. I quit!"

The course, the heat, and the sheep, however, played no favourites. And at the end of the day, Angela Akers with Hazel from Valley Centre, near San Diego, took top honours, with Mike Meredith from Tehacapi, also California, taking second with Sam and third with Nell. Jennifer L'Arrivee with Kinloch Bee was the top Canadian in fourth.

But the Canadians have a plan for next year. We were walking the trial field with John Buchanan and noticed we were being trailed by at least 50 sheep. Had they been American sheep I might have asked "are you all followin' me?" But Parry Bay sheep have no sense of humour. And anyway they were following John – they like him – he treats them well; the words "juicy lamb cutlet" would never pass his lips, outside his dining room that is.

Then the idea dawned. Why not have John enter; but have his dog stay at the handlers post, barking out orders, while John walks the course, followed faithfully by his ewes and lambs? A cunning idea worthy of Blackadder's Baldrick!

Come watch the rivalry renewed, next year! May the flock be with you!

See more photos of the day's events on page 12.

## Success Is Big Crowds, Media Coverage and Winning a Beer

Brian Domney

When the small group of people working to bring the Metchosin Sheepdog Trial back after several years away met, the subject of "what would constitute a success" occasionally came up, and the answer ranged from a few dozen spectators each day to perhaps, in our wildest dreams, maybe a couple of hundred over the weekend. Needless to say, those wildest dreams were exceeded and we've been thinking about why the trial was so popular.

Obviously, there are hard-core trial folks, people who know trials and love watching dogs and handlers work, and they were well represented. However, perhaps the more gratifying element was the number of spectators who had never been to a trial before. We had lots of them and, hungry for information, they peppered organizers and handlers with questions like "what is the difference between the Pro-Novice class and the Open Class?", "how is this scored?", and "why don't the dogs just bark at the sheep?"

We asked some of these newcomers to sheepdog trials what had attracted them to this event. The answers ranged from "I read the Jack Knox piece in the *Times Colonist* and became curious" to "I saw the poster and thought it would be neat to bring my kids to see" to "We were just driving by and saw the crowd and thought we'd check it out." Regardless, many of them, leaving the parking field, thanked the volunteers at the gate and said "we'll be back next year."

One gratifying thing was the interest taken by the media. In addition to Jack Knox's column, the *Gazette* published a follow-up article, which led to an interview on the CBC with Julie Carter, one of the competition organizers, and a photographic piece in the *Globe and Mail* featuring "a small farming community near Victoria." It was nice to see a Metchosin event get so much attention. If we can stimulate the same interest next year, maybe our new attendance record will be broken again.

But for now, I'll just enjoy the fact that my unbridled optimism won out over fellow organizer Johnny Carline's more cautious crowd prediction in a friendly bet.

*Editor's note:* This is one bet that I was delighted to lose; but the truth is that both Brian and I and the other organizers are all in debt to all the Metchosinites who turned out to watch and volunteer and make this event such a success. Please do it again next year!



It is early in the day and the bleachers are already almost full. Anne Charlton of Nanoose (front row centre with border collie) waits to compete. Brian Domney photo



A border collie practices "giving them the eye." B. Domney photo

# Metchosin Muse

Email [metmuse@shaw.ca](mailto:metmuse@shaw.ca) Web [www.metchosinmuse.ca](http://www.metchosinmuse.ca)

## EDITORIAL TEAM

Brian Domney, 250-474-3966  
Johnny Carline, 250-474-4601  
[metmuse@shaw.ca](mailto:metmuse@shaw.ca)

## MUSE TEAM

Joan Bradley  
Johnny Carline  
Eileen Carlson  
Joannie Challenger  
Brian Domney  
Laura Farquharson  
Barrett Fullerton  
Joan Gilbert  
Joan Kew  
Peter Lewis  
Jim MacPherson  
Barbara Methvin  
Dauna Neveaux  
Barb Sawatsky

## ADVERTISING

Please contact the editor (see above).

## CLASSIFIEDS

Eileen Carlson, 250-478-1036  
[elcarlson@shaw.ca](mailto:elcarlson@shaw.ca)

## ACCOUNTS

Eileen Carlson, 250-478-1036  
[elcarlson@shaw.ca](mailto:elcarlson@shaw.ca)

## DESIGN AND LAYOUT

Joan Kew

## DISTRIBUTION

### CO-ORDINATOR

Barrett Fullerton

## EVENTS [metmuse@shaw.ca](mailto:metmuse@shaw.ca)

## MAILING ADDRESS

c/o E. Carlson  
4985 La Bonne Road  
Victoria, BC V9C 4C5

## SUBMISSION DEADLINE AND HOW TO SEND COPY

The 15<sup>th</sup> of each month. Please send copy as an email attachment using Microsoft Word, text or RTF to: [metmuse@shaw.ca](mailto:metmuse@shaw.ca). Typewritten or handwritten copy is acceptable if you have no access to a computer. Do not send PDFs. Photos should be high resolution, i.e., not taken with phone or tablet. Leave hard copies of articles in the *Muse* box at the Metchosin Country Store or fax 250-483-5352. Please visit our website for more information: [www.metchosinmuse.ca](http://www.metchosinmuse.ca)

## AD DEADLINE

The 15<sup>th</sup> of every month for month-end publication.

## ABOUT THE MUSE

The *Metchosin Muse* is a local non-profit, arts, interests and activities publication, produced by the *Muse* team. The opinions expressed in articles are those of the authors, not the paper. The *Muse* endeavours to promote harmony and involvement in the community and aims to interest a broad cross-section of the residents of Metchosin and Becher Bay.

The *Muse* is delivered, free of charge, to most households in Metchosin. Copies are also available at Metchosin Country Store, the Community House, the Municipal Hall, The Broken Paddle Coffee Shop, My-Chosen Café, Red Barn Market, Happy Valley Store, East Sooke Grocer, Royal Bay Bakery, Willow Wind Feed & Tack, and at the Juan de Fuca and Goudy branches of the Victoria Public Library.

CURRENT CIRCULATION: 2800

# Patricia Wendy Ramsay

February 29, 1936 to May 26, 2017

Sandra J. Macpherson

Wendy was born on February 29, 1936, a leap year. Though Regina, Saskatchewan was her birthplace, she grew up mainly in Toronto and Vancouver. During the 1960s she moved to the Haight-Ashbury district of San Francisco, where she joined the bohemian/hippie counterculture, becoming one of the original "flower children," meeting Janis Joplin, and living in one of the district's trademark Victorian-era houses. She ran with the beatnik crowd in San Francisco and Vancouver during the late 1960s and early 1970s.

Wendy was highly intelligent, intellectually curious, adventurous and a free spirit. She spoke five languages, and was widely traveled. Her stint as a nanny for a well-to-do side of the family allowed her to experience Europe while still quite young. When she was older, she traveled to other countries in order to learn about their cultures and immerse herself in them. In addition to traveling to Japan to learn the art of Japanese paper making, her various travels included forays to Morocco, Spain and Jordan.

In 2004 she decided to move back to Canada from California. She settled on Metchosin as her destination, buying a home with a spectacular view in the Aquarius subdivision. Refusing to own a car, she got around by hitchhiking and public transportation. After all, she would say, "how can you meet anyone if you're in your own car?"

Wendy loved Metchosin, and before her health declined, she was an enthusiastic participant in the community. She was a regular volunteer at the annual Mighty Garage Sale, as well as attending the monthly potluck lunches at the community house.

A woman of strong opinions, and a committed environmentalist, Wendy could converse intelligently on virtually any topic. She was always interested and interesting, and possessed a great sense of humour.

Wendy could not be called "conventional." Her niece, Lorna Davey, says that she followed a path in life that most of us don't have the courage for. She marched to a different drummer, choosing the "road less taken." While this path may not always have brought her happiness, she always lived life to its fullest.

## Letters to the Editor

The *Metchosin Muse* welcomes letters to the editor, of not more than 200 words. Your letter may be edited for editorial style or length. Please email your letter to [metmuse@shaw.ca](mailto:metmuse@shaw.ca), or leave it at the Metchosin Country Store. Please sign your letter. An address and telephone number are required but will not be published.

## Visit our website! [www.metchosinmuse.ca](http://www.metchosinmuse.ca)

The *Muse* website provides a quick way to access Metchosin's monthly newspaper, and it allows those with vision challenges to magnify the .pdf files to a comfortable reading size.

The current issue and issues from the past year are there, along with contact information and information for submissions, advertisers, and deadlines.

## Muse Subscriptions

We can mail the *Muse* to you each month for \$25 a year if it is to be posted to a Canadian address. Please send your information and cheque to the Head of our Subscriptions Department:

Joan Bradley  
10 Bradene Road  
Victoria BC V9C 4B1  
Tel: 250-478-3451

Or you can email us at: [metmuse@shaw.ca](mailto:metmuse@shaw.ca)



## METCHOSIN MUSE AD RATES

Display Ad Sizes	1 Issue	2-5 Issues	6-12 Issues
Bus. Card (H) – 3.925" w x 2.5" h	\$47.00	\$42.00	\$38.00
Bus. Card (V) – 1.9" w x 5" h	\$47.00	\$42.00	\$38.00
2x4 – 3.925" w x 4" h	\$77.00	\$67.00	\$59.00
1/6 page (V) – 3.925" w x 5" h	\$95.00	\$87.00	\$75.00
1/6 page (H) – 5.95" w x 3.3" h	\$95.00	\$87.00	\$75.00
1/4 page (V) – 4.9" w x 7.6" h	\$145.00	\$129.00	\$115.00
1/2 page (V) – 10" w x 7.5" h	\$285.00	\$265.00	\$240.00
Insert 8.5" X 11" (supplied only)	\$259.00	per month	per month
Full Width Banner x 2" h	\$96.00	\$88.00	\$76.00
Full Page Ad (if available)	\$569.00	~ no additional taxes ~	

Discount on 2-5 and 6-12 issues. Full payment in advance of publication

### Cost To Design Ad

First time ad layout and design \$35.  
Submit camera ready ad N/C.  
Full payment in advance.  
For more information please contact the editor, [metmuse@shaw.ca](mailto:metmuse@shaw.ca).

### Classified Ads

25 words or less \$10  
Deadline: 15th of each month.  
Monthly payment in advance. Please call Eileen Carlson 250-478-1036.

## The Good ...

I would like to compliment the *Muse* on the very interesting articles as well as the photographs included with various folks throughout the community.

I do not live in Metchosin; however when I am visiting the area I always look for a copy of the newspaper and enjoy reading the articles.

Keep up the great work!

Beverly Smith  
Esquimalt resident

## ... the Bad ...

I recently came across one of your older papers with an article written by Brian Domney, "This ain't no beauty pageant."

I think the derogatory comments regarding dog shows was highly offensive to people who exhibit, let alone the reference to "real working dogs." It's offensive but it is funny, as I personally breed and exhibit "real working dogs" which make up part of the working class, even though collies don't, as they are a "herding" breed!

My 260 pound dogs are in fact a "working breed" fully capable of doing their intended jobs, and there is certainly nothing "weird looking" about them. The whole purpose of a dog show is to evaluate breeding stock and, therefore, grabbing the "crotch," as you put it, is absolutely necessary.

Health is also very necessary in any breeding stock which is why they inspect the teeth and bite as well, unlike, I suppose, your herding collies where, according to you, it may not be important.

Maybe, before you write another offensive article

regarding exhibitors and their show dogs, you should spend some time at a dog show, maybe do a little research, so you don't upset our very large purebred exhibiting dog community and embarrass yourself.

Beth Thompson  
Big River Mastiffs



Robert Newans photo

## ... and the Fuzzy

To the Metchosin Muse, Mayor Ranns and Metchosin Council,

As you know, Metchosin has been in the news lately about the problems we are having with bears killing sheep. This is a very serious problem for our sheep farmers who have worked so hard over the years to build their flocks, but it also poses a danger for the rest of us.

While some bears are just moving through and pose no problem, others have found Metchosin, with its lakes,

streams, trails, and forested areas close to easy food, the ideal home. These are the bears that can become aggressive and dangerous as they lose their fear of people.

The Metchosin District website has some good information about the BC Ministry of Environment's Bear Smart Community Program and suggestions for bear proofing our homes as well as information about reporting bears and cougar sightings. (<http://www.district.metchosin.bc.ca/content/wildlife-resources>)

Unfortunately, many Metchosinites are not aware of this and others are worried that if they report bear sightings, the bear will be shot.

As we move into August, blackberries, apples, and plums begin to ripen just as the bears are preparing for winter. How tempting it will be for them to stay.

This is very concerning for all of us and it is important that the Metchosin Community pull together in dealing with the bear problem before someone is seriously injured.

What can we, as a community, do to work together to reduce the harm done by predators and make our homes, families, pets, and livestock safer?

I'm hoping that the Metchosin Council will explore ways of bringing the community together on this issue and that the *Muse* will consider presenting some of this information in a format that will reach as many Metchosinites as possible.

Thank you!

Terri Ralph

**Be Bear and Cougar Smart!** For information about staying safe around wildlife, please visit the district website: [www.metchosin.ca/content/wildlife-resources](http://www.metchosin.ca/content/wildlife-resources)

# Jim Buchanan

June 1924 to July 2017



Jim and Olive at their grandson Mike's wedding in August, 2014.

Anne Buchanan photo

Submitted by Members of the Buchanan Family

Jim Buchanan passed away on July 22, 2017, having lived a life of youth, adventure, career, family, and contentment.

Jim grew up in the Village of Glynn, close to Belfast, Ireland, son of John and Mary Buchanan. He had older siblings Jack and Eileen, and we expect that they treated him as the baby of the family. Rumour has it that he was one of the only Protestant children in the village, meaning he grew up tough. As evidence, we have located an athletics championship cup and a boxing cup with the engraving worn off, showing his pride as he polished! After graduating from school, Jim attended Queens University, Belfast, where he studied engineering and played rugby.

When he came of age, Jim joined the British Army where he dreamed of becoming a pilot. However, given the extensive time it took to train pilots, he joined The Corps of Royal Engineers (Sappers). He was shipped off to India where, as a 19-year-old second-year engineering student, he managed the construction of canals in Lahore, Punjab, on the India/Pakistan border. I can't imagine calling him Lieutenant James Buchanan, but on the other hand, he could bark a strict order.

In 1951, Jim moved to Canada and found work in Kemano (Kitimat) surveying transmission lines, fighting mosquitoes, and laying out a tunnel as it was constructed from both ends and in between – quite the relief when the tunnels met in the middle. Later on, he worked for BC Electric, for himself as a consultant, for BC Public Works and BCBC and later on with his sons in Metchosin. We remember spending a summer on Mission Creek in Kelowna, and time in Nelson on the lake. He worked while we played and swam and fished and Mom cleaned and washed and cooked, for the workers as well as for the family.

Jim met wife Olive in 1951 and quickly fell in love, introducing her to his first sailboat (before he had a car) while they dated in West Vancouver. Mom was charmed by Jim's Irish accent and enthusiasm for life. They rushed into marriage and rushed into children; Eileen within a year, John the next, Jimmy two years



Jim and Olive on their wedding day, April 14, 1952.

later, Steven three years after that, and just as Mom was set to go back to work, along came the twins Phil and Roy in 1961.

Eileen and John remember baby Phil content in front of the warm fire bouncing on Dad's knee, while baby Roy was where he wanted to be in his mother's loving arms.

"Horsey Horsey don't you stop,  
Just let your feet go clippety clop.  
The tail goes swish, and the wheels go round,  
Giddy up, we're homeward bound."



Family Christmas Day, December 25, 1961.

While working and making babies, Jim still found time to build his house on the hill on Duke Road in Metchosin, and the family moved in once the wood framing was done, just as Jimmy was born in 1956.

Over his 60 years of contentment in Metchosin, Jim supported others in their passions and was keenly interested in everything that was going on particularly with his wife and family, but also Eileen and Jack and his family in Ireland. We hope to meet cousin Mary some day.

He was there for his grandchildren and great grandchildren (there will be a door prize for the person who can make the closest guess of how many). And through the years there were Albert Head Ratepayers, the Hospital Board, the Community Planning Association of Canada, Metchosin Days, The District of Metchosin, and the Metchosin Cricket Club where he played with his sons. He was there for all of it and more. Now he is history along with many others who stood together in support.

As children, we enjoyed summer holidays hiking Forbidden Plateau in the July snow, beach camping adventures in our 16-foot clinker with 7.5-horse power motor through the Gulf Islands and as far as Quadra Island. We also made trips with it down the Alberni Inlet to Bamfield. Later Jim enjoyed his sailboat *Cler Mar* and his almost-daily walks to Sitting Lady Falls or around Tower Point.

We will be hosting a celebration of life for Jim Buchanan at the Metchosin Community Hall on October 15 from 1:00 to 3:30 pm. We welcome friends and neighbours (from the last 60 years or more) to celebrate his life with stories, pictures, and relics from the past.

## TALK AND WALK

Unless otherwise stated, talks are at 7:00 pm at the Municipal Hall, 4450 Happy Valley Road, located behind the Fire Hall.

### Fall 2017 Series

**INVADERS OF THE COASTAL AREAS! STRATEGIES TO REMOVE INVASIVE PLANTS THAT THREATEN YOUR LAND AND WATER – Friday, September 22 (Talk), and Saturday, September 23 (Walk)**

Presented by: Habitat Acquisition Trust (HAT), the Coastal Invasive Species Council (CISC) and the Invasive Species Council of BC (ISCBC)

Do you struggle with invasive plants on your land? Don Hare and Sue Staniforth will provide an update on research highlighting potential new removal strategies for invasive plants, focusing on yellow flag iris.

Yellow flag iris is an aggressive ornamental water garden plant that is spreading rapidly, out-competing native plant species and altering aquatic ecosystems across the Pacific Northwest. Don and Sue will also welcome your questions and concerns about other problem invasive plant species.

The talk will be followed on Saturday by a workshop and demonstration (optional hands-on) at a local Metchosin property removing yellow flag iris (location TBA). This is a part of the HAT Metchosin Shoreline Good Neighbours Program, funded in part by the Metchosin Foundation and the District of Metchosin.

Don Hare is the Executive Director for the Coastal Invasive Species Council. Sue Staniforth is the Education and Outreach Coordinator for Invasive Species Council of BC.

**Friday, October 13: HOW THEY DO IT – An Enlightened Look at Bird Sex, with Dr. David Bird, Professor Emeritus, McGill University**

**Friday, November 3: ANNUAL FUNGI TALK; Saturday, November 4: MYCOBLITZ!**

Contact [moraleamilne@gmail.com](mailto:moraleamilne@gmail.com) for further information about these programs.



Katrin Wicker photo

Richard Favel

### ACCURATE PIANO TUNING & REPAIRS

250 478 2791

Over 30 years' experience

Tuning by ear

3962 Olympic View Drive, Victoria, B.C.

[encoresplayagain@gmail.com](mailto:encoresplayagain@gmail.com)

## Working for our community

**Mitzi Dean**  
MLA, Esquimalt-Metchosin

[Mitzi.Dean.MLA@leg.bc.ca](mailto:Mitzi.Dean.MLA@leg.bc.ca) / [MitziDean.ca](http://MitziDean.ca)



/MitziDeanNDP



@MitziDeanBC

# MLA Report: Building a Government that Works for People

Mitzi Dean, MLA, Esquimalt–Metchosin

This spring's election campaign was one of the most remarkable experiences of my life. I am thankful to the residents of Esquimalt–Metchosin for their support and look forward to working together to build and strengthen our communities.

At the thousands of doorsteps I visited over the course of the last year, I have heard it again and again, citizens are struggling with increased costs. They just cannot make ends meet with runaway housing costs, ever more expensive hydro rates, ferry fares, ICBC and MSP premiums. Our New Democrat caucus is focused on moving the province forward in the spirit of cooperation and renewal.

Premier Horgan has already committed to restoring the Human Rights Commission; eliminating tuition fees on adult basic education and English language programs; sending the Site C Dam project to the BC Utilities Commission for review; increasing Income Assistance and Disability rates; establishing a Ministry of Mental Health and Addictions to act on the opioid crisis; and appointing a Minister of State for Childcare to address the rising cost of childcare for BC families; and banning the trophy hunting of grizzly bears in BC.

The government has announced that the Throne Speech will be read Friday, September 8. A live feed of the speech will be available from Hansard TV Services on the Legislative Assembly's website.

As you will know, our province has been hit by a summer of intense and record-breaking forest fires. Our thoughts are with our neighbours in the north and if you haven't already, please consider donating to the relief efforts being organized by the Canadian Red Cross by visiting [www.redcross.ca/bcfires](http://www.redcross.ca/bcfires).

On a personal note, I was pleased to be named to the new Treasury Board, which is a Cabinet Committee responsible for budget and management matters. I look forward to working in this important new role.

I was honoured to attend the installation of the Witness Blanket exhibition at Royal Roads University. The blanket brings together over 800 pieces of history including letters, photographs, clothing, and building hardware. The exhibition runs until September 5 in the Royal Roads Library interpretive space.

In addition to attending weekly local markets, it has been fun connecting with neighbours at the Stinking Fish Tour in Metchosin.

Finally, my team is working hard to get a community office up and running as soon as possible. In the meantime, I can be reached at the Legislature at 250-387-3655 and my email is [Mitzi.Dean.MLA@leg.bc.ca](mailto:Mitzi.Dean.MLA@leg.bc.ca).

## Bella Yoga Studio

Yoga in the Neighbourhood - Duke Rd W.

Yoga For All! Hatha Yoga! All Levels

Curvy Yoga\* Ayurveda\*  
Yogalites\* Workshops.  
Beginners Yoga & All Levels Welcome.  
Beautiful - Fun - Safe - Peaceful - Explore  
Wellness - Enjoy - Release - Love

Beginners Yoga! All Levels  
Mindful Moments - Come Explore  
Hatha Yoga - & Move your body!



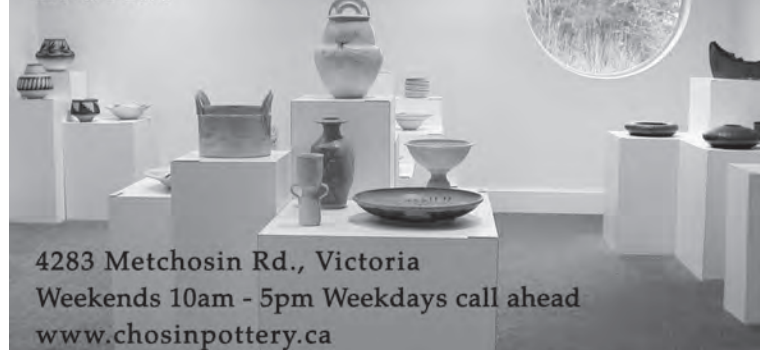
[www.Bellayoga.ca](http://www.Bellayoga.ca)

Georgia 250-391-0497 • Email [georgia@bellayoga.ca](mailto:georgia@bellayoga.ca)



## 'CHOSIN POTTERY

Robin Hopper & Judi Dyelle  
250-474-2676



4283 Metchosin Rd., Victoria  
Weekends 10am - 5pm Weekdays call ahead  
[www.chosinpottery.ca](http://www.chosinpottery.ca)

# COUNCIL NEWS

SEPTEMBER 2017



## 2017 METCHOSIN DAY – SEPTEMBER 10

Our annual Metchosin Day Celebration is being planned again with many activities, exhibits and entertainment for the entire family, attracting visitors from across the island and beyond. This year we're planning for the weather to cooperate, so we can again end the day with our traditional home-grown Lamb and Salmon Barbeque dinner!

The event would not be successful without the dedication of our volunteers and we welcome anyone who can offer help – even for a couple of hours, a half-day, set-up, tear down and of course, on the day of the event! Please send a note to [info@metchosinday.ca](mailto:info@metchosinday.ca) or visit our Facebook Page @Metchosin Day, or call the Metchosin Community House at 250-478-5155.

## PUBLIC HEARING – SEPTEMBER 18

Council is holding a Public Hearing on September 18, 2017 to amend the Land Use Bylaw regarding changes to greenhouses. Information packages will be available for public viewing on September 6 at the District Office and will also be on our website. See [www.district.metchosin.bc.ca](http://www.district.metchosin.bc.ca).

## NEW TO THE MUNICIPAL GROUNDS

There are now 16 solar panels installed on the roof of the Pioneer Museum that will provide electricity savings. The permanent shelter for the Metchosin Market is complete and has already provided excellent space for the vendors. It will also be available for other user groups of the Municipal Grounds.

## RECENT BEAR SIGHTINGS IN METCHOSIN

There have been a number of recent bear sightings in the Metchosin area. Residents are reminded to be proactive and manage bear attractants. **If you see a bear:**

- Remain calm; don't panic.
- Keep away from the bear and bring children and pets indoors.
- Never approach the bear and do not run from it.
- Warn others of the bear's presence, without yelling.
- Once the bear has left, check your yard to ensure there are no attractants.
- If a bear is threatening, contact the Conservation Officer at 1-877-952-7277.

For more information on bear sightings in the area, please see the link to the Wildlife Resources page on the District website.

## MAC PAGE BRIDGE (HILLMAN TRAIL)

Deck and handrail replacement will commence during the month of September. Please contact Public Works at 250-216-1679 for more information.

## RESIDENTIAL YARD BURNING

Residential yard and incinerator burning remains closed until the rainy weather arrives. Please check [www.metchosin.ca](http://www.metchosin.ca) for updated burning information or call the Fire Department at 250-478-1307 before you burn.

## METCHOSIN SEEKS VOLUNTEER TRAILS COORDINATOR

Would you enjoy working outdoors with other Metchosin volunteers on community trails and parks? Then there's a post for you, as Metchosin Council is seeking a new volunteer Trails Coordinator. For more information, please see [www.metchosin.ca](http://www.metchosin.ca). To apply, please submit a letter of interest and a brief résumé of experience in confidence to Metchosin council by mail or to [mayorandcouncil@metchosin.ca](mailto:mayorandcouncil@metchosin.ca).

## DISTRICT OF METCHOSIN MEETING SCHEDULE

Below are the meeting dates and times for the upcoming month. Meetings are held in the Council Chambers unless otherwise stated.

Council and Standing Committees: September 18, 7:00 pm

Meetings are subject to change; for updated information, please call the district office at 250-474-3167 or refer to the website at [www.metchosin.ca](http://www.metchosin.ca). Thank you.

Metchosin Municipal Hall | [www.metchosin.ca](http://www.metchosin.ca) | 250-474-3167 | [info@metchosin.ca](mailto:info@metchosin.ca)

## The Muse Traveller

The Muse's messages of community and reconciliation recently made it into the United States, where it seems such ideas may be in need of a bit of reinforcement right now. Here, long-time Metchosin resident Janice Penman proudly displays a recent edition of the Muse on the beach at Birch Bay, Washington.



# SIRC SENIORS' INFORMATION AND RESOURCE CENTRE



SIRC member and young Granny, Lesley Preston, and her parents, Great Grands, Mike and Maureen Hardgrave. Happy Grandparents Day on September 10!  
Dawn Boshcoff photo

Dawn Boshcoff

**Hours of Operation:** SIRC is open weekly from noon–5:00 pm on Tuesday, Wednesday, and Thursday. We are closed Friday through Monday until the end of September. Please drop by, call 250-478-5150 or email [info@metchosinseniors.ca](mailto:info@metchosinseniors.ca), any time.

Fall hours of operation will begin in October. SIRC will then be open four afternoons per week – Monday to Thursday from noon to 4:00 pm.

## Alzheimer's Awareness Month: "Your Brain Matters"

Dementia and Alzheimer's are becoming more common now than ever, and more likely to hit closer to home, with our expanding 50-plus population and an increase in general life expectancies.

The month of September is set aside by the Alzheimer's Society to bring awareness to the cruel reality of this disease that can affect the brain and its ability to hold on to lifetime memories.

On Tuesday, September 19, from 1:30-3:30 pm at the Metchosin Community House, please join us for an information-packed presentation and discussion, "Your

Brain Matters" – our 2017 Alzheimer's Awareness event.

Local IDA Latoria Pharmacist, Mohammed Zeid, will address the nature of Alzheimer's disease and important issues related to brain health, including a non-pharmacological treatment approach and available known drugs for those who are suffering.

"Your Brain Matters" is a partnered, SIRC and IDA Pharmacy Latoria event. All are welcome. Refreshments will follow the talk.

## Grandparents Are Extra Special on Metchosin Day!

On Sunday, September 10, along with celebrating the 50th anniversary of Metchosin Day, we'll recognize a special place for greatness everywhere, with a double cheer to Grandparents Day 2017!

With more than 50-plus to celebrate this day, be sure to wear your funkiest 70s swag, bring on your groove and drop by MSA's booth to collect your special gift and free hug from a real live grandparent!

Please call to arrange for a companion or ride to this event.

## Win a Six-Course Gourmet Dinner for Eight

It gets tastier and more enjoyable each year! Don't miss out on MSA's annual Dinner Raffle! Buy your ticket now for your chance to win.\*

Enjoy entertainment, with eight of your finest friends, that is "effortless, elegant and enjoyable," served in the comfort of your own home. Order your ticket now from SIRC or buy from any MSA Board member at Metchosin Day – Tickets are \$20 each.

\*Draw Date: Wednesday, November 15, 2017 at SIRC

## September Drive and Dine Dates

Community suppers resume this month! Volunteer drivers and diners travel to Gordon United Church in Langford to enjoy a meal together, every other Monday.

There is no cost to attend and all ages are welcome! Mondays, September 11 and September 25, we will leave SIRC at 5:30 pm sharp and return by 7:00 pm. The Community Potluck Lunch at the Community House is Thursday, September 28 at noon.

Please RSVP to join us, as a diner or volunteer!

## Inter-Gen Connects

The Metchosin Seniors Association (MSA) plans to add another dimension to its activities this fall with a commitment to support the long-standing community partnership between Metchosin Community Association (MCA) and Pearson College UWC.

Together, our non-profit organizations will partner to better serve and support our local seniors. A dedicated group of Pearson's student volunteers will add to SIRC's technology support, general help and friendly home visits, aligning with Metchosin's Better at Home Program.

MCA's existing community outreach and weekly student-hosted events will continue, engaging the elderly, creating new relationships and bridging the age gap between generations.

On Monday, September 25 from 2:00–4:00 pm, MSA/MCA will host an age-friendly, Pearson Student Meet and Greet at SIRC.

Please join us to help kick-start the semester, welcome new and returning students

and become part of this fall's fun and rewarding program.

## Computer Lab and Tech Help

During the month of September, you can book your personal geek session at SIRC for up to one hour. Please call us anytime to schedule an appointment. SIRC's Open Learning Lab and Tech-Talks will resume in October.

We also offer free Wi-Fi, laptops, desktops, printers, tablets, Macs, smartphones etc., for our members to learn on and borrow and we can help you to master your own tech tools!

## Encore! SIRC's Seasonal Newsletter

Our new Fall Edition Newsletter is coming soon. Subscribe to get your copy to learn more about volunteer opportunities for all ages, upcoming programs and SIRC's \$10 bargain lifetime membership!

Please visit our website at [www.metchosinseniors.ca](http://www.metchosinseniors.ca) and LIKE us on FB @SIRC.



## Metchosin Yoga

Flexibility, Fitness, Inner Peace



Certified Iyengar® Yoga Teacher

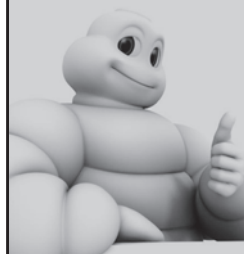
Iyengar Yoga is a safe and healthy practice. Classes for all levels from new to experienced. Qualified, dedicated teachers provide individualized instruction in a peaceful rural setting.

Come experience this jewel in Metchosin

Located at 3777 Duke Road Phone: 778-967-2952  
Email: [metchosinyogastudio@gmail.com](mailto:metchosinyogastudio@gmail.com) Facebook: Westshore Metchosin Yoga Studio  
Website: [www.westshoremetchosinyoga.com](http://www.westshoremetchosinyoga.com)

## WESTCOAST TIRE and WHEEL Ltd.

since 1980



Nitrogen  
Force Variance  
Balancing

BFGoodrich

UNIROYAL

MICHELIN

**HOURS:**  
Mon.-Fri: 9am - 6pm  
Sat: 9am - 5pm  
**250-889-6161**  
or  
**250-642-4044**

4730 SOOKE RD. • VICTORIA • 15 mins from Colwood Corners  
[www.westcoasttires.com](http://www.westcoasttires.com)

## St. Mary's Blackberry Festival

Saturday, September 30  
10:00 am–2:00 pm  
St. Mary of the Incarnation  
4125 Metchosin Rd

This Metchosin event is a highlight on the fall calendar, and a guaranteed way to fill your freezer and pantry with blackberry goodies such as our deep-dish blackberry pies. We will also offer jams, jellies, cordials and baked treats for sale.

The congregants at St. Mary's have been busily preparing for the festival by picking local berries from all their prized picking areas. To make the 270 pies they are expecting to sell, they will be using upwards of 90 four-litre ice cream pails full of berries.

We acknowledge our dedicated crew of berry pickers, pastry makers, and Royal Bay Bakery owners Dave and Gwen, who have donated

their time and labour for many years.

The church Sanctuary will be transformed into a quaint tearoom, serving homemade scones with locally made blackberry jam. Local Girl Guides will assist in the serving of these tasty delights. Be sure to get here early to avoid disappointment as people line up in anticipation of the doors opening and getting the first choice of pies.

12 years  
of serving the  
West Shore!



**BY THE WAVE**

HOME & GARDEN CLEANING SERVICES

Call now for a FREE estimate!

WestShore Chamber of Commerce member

Email: [bythewave@msn.com](mailto:bythewave@msn.com)

- Housekeeping
- Exterior Cleaning
- Grass Cutting
- Yard Maintenance
- Junk Removal
- ... & More

**Mark and Lisa**  
**250-217-6128**

Tell them you saw it in the *Muse!*



**St. Mary's  
Blackberry Festival**  
Saturday, Sept 30<sup>th</sup> 2017  
10am – 2pm

**10in Deep dish Homemade Pies ,  
Preserves & Baking**  
Enjoy our fresh baked scones with  
blackberry jelly and a cuppa'

St Mary of the Incarnation  
Anglican Church  
4125 Metchosin Rd Victoria BC  
250-474-4119



**Richard's  
LANDSCAPING & EXCAVATING**  
SINCE 1984

*Complete Bobcat, Trucking & Mini Excavating Services*

4604 Morland Road, Metchosin, B.C. V9C 3X4  
Locally owned & operated since 1984

Free Estimates 250-478-2980

- Custom low maintenance landscapes
- Boulder walls and rockeries
- Selective land clearing • Rockhound
- Concrete/rock breaker • Stump & brush removal
- Driveways/R.V. parking • Culverts • Drains
- Top soil, bark mulch, sand and gravel

**CONTRACT OR HOURLY RATES**



**ADAMS  
TREE SERVICE**


Proud to Call the Island our Home  
www.treevictoria.com

**ADAMS TREE SERVICE**  
HIRE A LOCALLY OWNED METCHOSIN BUSINESS!

- Tree removal
- Stump grinding & removal
- Spiral thinning
- Hedge trimming & shaping
- Tree topping
- Fruit & ornamental pruning
- Lot clearing
- Excavating

VISA MasterCard

Free estimates | 24 Hours **250-516-8315** Fully Insured | Since 2000



**EXCAVATION,  
TRUCKING &  
LANDSCAPING  
MATERIALS**

- Landscaping Ponds Driveways Perimeter Drains Livestock Burial
- Rock Sand Gravel Soil Mulch

**250-589-6599**



## The Rural Gardener

by Isabel Tipton

After our interminable wet spring, Ma Nature is taking revenge. Our last rain was in mid June, and it is now mid August. Our well is still holding out, but I worry.

According to the scientific bods, such summers will become the norm and we will have to adapt. Drought-tolerant plants will have to be considered, water-loving ones grouped, micro irrigation investigated, and the like. Look around your plantings and remember what looked good, what looked thirsty. Rhododendrons roll their leaves when dry, to minimize the surface exposed to the sun. Needle like leaves transpire less, as do the grey and fuzzy. Lavender has been a joy this year, hostas are finding it hard going, especially if they get much sun. Roses have abundant bloom, though that may be due to last summer's heat. Local native plants should do well regardless.

With the terrible fires in the interior, I have been wondering if I should take measures to protect the property in case of fire. I am on Hewitt Creek, which is in the Bilston creek drainage area. I looked at our Community Plan and identified some possible issues.

The tree cover section includes the following:  
"Council shall consider and adopt a range of measures to encourage preservation of trees such as continuing to monitor the existing Tree Cutting Permit process and extending the Tree Cutting Bylaw to include all lands within 15 metres of the natural boundary of any creek, stream or watercourse."

This conflicts with the current fire prevention strategy which encourages clearing the area around the dwelling. Firescaping also wants one to rake up and dispose of the forest duff, the rotting of which contributes to forest health. Now on which horn of the dilemma do I impale myself? Wildlife preservation people say to leave brushpiles for habitat; firescaping dreads the thought. It also dislikes dead trees, beloved by woodpeckers and so on. The thoughtful gardener is reduced to liquid comfort.

A compromise is to water the areas closest to the house, watering less as the distance increases, think about dry vegetation leading from forest to house, look at the plantings closest to the house, and if any contain large amounts of dead or dying vegetation, either keep it cleaned out, or replace it with something that is less incendiary.

If you have ornamental evergreens, put on gloves and long sleeves, and investigate to see if there is dead material inside the green branches, close to the trunk. If so, clean out by rubbing the branches to remove the dead needles, then give the whole thing a hard spraying with the hose, to wash out the tiny bits, rake them up and dispose of them in the compost where they will get mixed with green material. This will reduce the spread of any fire.

There are resources on the internet for fire-resistant plantings, and lots of advice. Qualities to look for in fire-resistant plants:

- ability to store water
- extensive root systems
- limited production of dead material
- high levels of salt
- ability to withstand drought
- low levels of oils or resins
- ability to resprout after a fire

Landscaping experts emphasize that fire-resistant does not mean the same thing as fire proof. Fire-resistant plants still need to be watered and trimmed back to be the safest in the case of a fire. Just buying fire-resistant plants is not enough to protect your home; you also have to care for them properly.

A few common choices could include stachys, yucca, New Zealand flax, culinary sage, lavender.

This is a downloadable booklet with good advice: [http://ir.library.oregonstate.edu/xmlui/bitstream/handle/1957/20921/\\*pnw590.pdf](http://ir.library.oregonstate.edu/xmlui/bitstream/handle/1957/20921/*pnw590.pdf).

There has been discussion regarding wells on the Metchosin! Facebook page. Wells are both good and bad; dug wells are iffy in Metchosin, and it will be the end of October before well-dependent families relax. I have a well and love the water, but am very cautious about watering the garden as September approaches. It is also important to have a handyman about to mechanic the pump, as it is becoming less and less likely that a plumber has experience with the "well" part of the equation. I never thought sorting out the pump, well and pipes that connect them would become part of my job description! Fixing them still isn't, but diagnosing the problem and finding the right tradesman to deal with it is.

See you in October, when we will probably be complaining about the rain.

## EMERGENCY PROGRAM INFORMATION SESSION

# Taking Care of Your Household Waste in the Event of an Emergency

Charla Huber,  
Metchosin Emergency Program

**Taking Care of Your Household Waste in the Event of an Emergency**  
Tuesday, Sept. 19, 7:00 pm  
Metchosin Fire Hall,  
4440 Happy Valley Rd.

When planning for an emergency often we think of building emergency kits with food, supplies, and cash, but have you thought about your garbage, compost and human waste?

It's important to have a plan in place in case we are faced with an environmental

event such as an earthquake. When these events happen, if your home is safe you will be asked to shelter in place. This is when your emergency kit comes into play.

Services to your homes can be halted or disrupted so there may not be garbage and compost pick up. Water lines, wells, and water delivery services may also be affected. Without running water in your home, flushing the toilets may not be an option. It is important to think of these kinds of disruptions and have solutions before you are faced with them. In an emergency, there will be a lot to focus on and having pre-planned these

solutions can reduce your worries.

The Metchosin Emergency Program is hosting a free information session covering these issues. Learn about your options to care for your compost, garbage, water purification and sanitation at home in the event of an emergency.

Join us at the Compost, Purification and Sanitation information session at the Metchosin Fire Hall on September 19. If you have any questions or would like any further information, please call 250-478-1307. We also have a door prize at every session.

# Metchosin a Solar Eclipse Hot Spot



There was a big crowd on the village green to celebrate an end to the summer heat (if only for a few minutes!), and to witness the solar eclipse. Brian Domney photo



Ken Farquharson with his pin-hole camera, ensuring a harm-free view. Brian Domney photo

# Are You Jobless in Metchosin?

Laura Ferguson

If it's been a while since you looked for a job or you are looking for your first, you want to make sure you are doing the right things to get noticed by employers. Whether you are 16 or 66, you could benefit from using social media as part of your job search strategy. You may know of someone who got their last job through Facebook connections, but are you aware of LinkedIn, a professional networking site that many recruiters are using to find their next employee? LinkedIn allows you to build a profile showcasing your skills and experience as well as project your personality to show that you will be a good fit with their company culture.

A Social Media Recruitment study done by Career Builder in 2016 found that employers are not just checking social media sites to find reasons not to hire a candidate, but 60% say they are looking for information that supports qualifications you have presented on your

traditional résumé and what others are saying about you.

Whether the topic of social media sends you into a panic, or you feel very comfortable in the use of social media, WorkLink Employment Society can help develop your skills in this area. WorkLink is a WorkBC Employment Centre, so is funded through the provincial government to offer a free one-stop employment experience, including workshops on LinkedIn, résumé writing, career planning, interview skills and how to tap into the hidden job market.

WorkLink is a not-for-profit organization that has been providing free employment services to residents of Metchosin and the Westshore since 1978. Our services are for anyone who is looking for work and our office is conveniently located at 202-3179 Jacklin Road. We also have a satellite office in Sooke at 6625 Sooke Road.

For more information about services available for you, and to register, drop by either location or visit our website at [www.worklink.ca](http://www.worklink.ca).

**Juan de Fuca**  
VETERINARY CLINIC

250-478-0422

Compassionate, professional, courteous care.  
Your pets... our family

Caring for pets in the Westshore since 1981. We are proud to be members of this growing community.

## CAN DO!

Quality High Speed  
Colour Copies  
Blueprints • Typesetting  
Rubber Stamps  
Laminating  
Business Cards  
Public Fax Service

**MONDAY TO FRIDAY:**  
8:00 am–5:30 pm  
**SATURDAY:**  
10:00 am–5:00 pm

**250-478-5533**

2811 Jacklin Rd.  
(near Goldstream)

**SINCE 1988**

**CAN DO WESTSIDE INSTAPRINT**

# Tune Up and Sing Out!

Sheila Moulton

The Free Range Singers haven't been visible in the community this year, but behind closed doors we're learning and singing a lot!

Our new director, Teodora, will be familiar to many Metchosinites as the leader of the Pearson College choir – and she drops in to coach us on her way out there on Monday

afternoons. Her knowledge and unique style has the group trying new ways of listening, finding the best sound and stretching our voices – a wonderful treat for those of us who can't believe that we can sing, let alone sound so true.

If you can join us from 1:30 to 3:30 pm on Monday afternoons and would like to try "tuning up," let Pattie know. Call 250-478-3319 or go to



<https://www.facebook.com/MetchosinFreeRangeSingers/>. No experience necessary!



## The Grateful Pooch Grooming and Design

Open by appointment

598 Parry Rd \* 250-508-1777

[www.thegratefulpooch.ca](http://www.thegratefulpooch.ca)

Facebook \* 5 Star rated

All Breeds large and small

Certified through Canadian Professional Pet Stylist

## Shop Locally

and tell them you saw it in the *Muse*!

# Happy 50th Anniversary Metchosin Day!

Mary Gidney

Metchosin always celebrates all that is Metchosin the first Sunday after Labour Day. This year, the event's 50th anniversary is on September 10.

The 5km run/walk starts at the Community Hall at 8:00 am and ends at the municipal grounds. Prizes for those participating could be a lucky zucchini or maybe some beets. Trophies, prizes and vegetables are on stage at 10:30 am. Check the web page, [metchosinday.ca](http://metchosinday.ca), to see how to enter.

If you get hungry, you could start your day with a pancake breakfast at the Scout's tent or try some poutine right beside the tent. Donuts, a pulled pork sandwich, ice cream, candy floss and snow cones will be on offer as well as the popular Galloping Goose sausage.

At the riding ring, the Metchosin Equestrian Society will have horse demonstrations, a concession stand and even a petting farm. Check the web page for their schedule of events.

The beer garden is open from 11:00 am–6:00 pm serving beer, wine and cider. From the beer garden you can watch Chicken Bingo and see if you are lucky enough to guess the exact spot the chicken will drop its poop. Money raised helps the Rovers (Scouts).

The free entertainment starts in the morning and goes

till 6:30 pm. Listen to some great music, kick up your heels and celebrate Metchosin musicians. Check the web page for the lineup.

The photography contest is in the Community House where you can enjoy a delicious fruit cobbler with your tea while admiring the photographs. All photographers are reminded to be sure they submit their photos on time (see page 9). Judging takes place Saturday morning with awards viewed on Sunday.

The baking and pies contest and the vegetables and fruit contest will both be in the municipal office. Entries must be handed in by 11:30 am on Sunday, September 10 and you can see the winners by 1:00 pm. You can drop off the entries at the municipal office by car until 10:00 am. After that, no vehicles will be allowed past the Fire Hall, so from 10:00 am to 11:00 am entrants will have to walk to the municipal grounds.

Vendors will be set up around the Village Green to offer honey, fly fishing, fresh produce, dog treats, blacksmith, pottery, crafts, spinning and more. On the Green you can see the Pet Show at 11:00 am. Bring your favourite pet – big, small, hairy, or cutest – all are winners.

At 12:00 noon Westmont School will offer games for children – challenge yourself in the sack race! The 4H will have demonstrations for the public to learn about their

animals and 4H programs. Check the web page for the day's schedule.

The Junior Fire Fighters challenge will be there for the little ones and nearby, every hour, is sheep shearing. Try the digger and see if you can move the dirt. Take a hayride around the site on the tractor/trailer for only 50 cents.

Watch talented motorcyclists jump and turn though the air with amazing skill in the front field. The Antique Cars show will also be there. Here is the place to see what is shiny and old.

This year we will have extra tables and chairs for you to sit around the village green and watch the activities or enjoy a snack. Don't forget Old Barn Books for great-priced used books and the Pioneer Museum to see the history of Metchosin.

Never played cricket? Watch for cricket demonstrations near to the Chicken Bingo, and see how much fun it is to play. Give it a try, new young players are always welcome.

Every year Metchosin acknowledges its citizens. At



The backhoe "ride," cultivating an interest in tractors for future farmers since 1967. Anne van der Wereld photo

2:00 pm Mayor John Ranns, with help from council, hands out awards for Volunteer of the Year, Citizen of the Year, Friend of the Earth, Volunteer Group of the Year, and more.

This year, to make parking easy, all vehicles (except antique cars) will enter and leave from Rocky Point Road. Watch for flaggers to direct you in and out. No parking on Happy Valley Road

or Rocky Point Road (too dangerous for those walking, biking, or horse riding).

Want to make the day even better? Volunteer to help during the day. Offer a few hours and find out what fun it is to be part of Metchosin Day.

Check the web page [metchosinday.ca](http://metchosinday.ca) for all the details and come celebrate 50 years of sharing our Metchosin on September 10.

## Metchosin Day 50th Anniversary T-Shirts!

Barb Sawatsky

While vacationing in Hawaii last January, Mike and Heather Buchanan visited craft fairs and markets where Heather, a graphic artist, noticed unique souvenir t-shirts. Once home, she researched the technique and sketched a pattern that she felt represented her community. "Metchosin means sun, ocean, sheep and hills to me," said Heather, "and they are all here in this pattern."

"Because the pattern isn't printed onto the shirt and a light bleach solution is used instead, the shirts shouldn't fade and the design should stay the same," she explained.

In June, and with Metchosin Day only three months away, "I felt that if I was going to do this, I'd better get onto it." Working full-time as a pharmacy tech for VIHA and being mom to 18-month old, John, her time is stretched but working outside in her yard because of the bleach solution, she has produced wonderful souvenir 50th Anniversary Metchosin t-shirts of varying colours.

Curious as to how her product would be regarded, Heather posted photos on the Metchosin! Facebook site and received such positive feedback that she has presold all she intends to produce until Metchosin Day and has had to order more boxes of shirts to boost her stock. The colours are wonderfully muted, giving the shirts an almost vintage look, appealing to all age groups.



Metchosin Day Anniversary T-shirts – going sheep? Heather Buchanan, husband Mike, and their son John, model the popular T-shirts. Barb Sawatsky photo

This busy wife and mom has more ideas up her sleeve for her aptly named company, Farmer's Tan Boutique (if you are truly rural, you'll understand). Many of our local parks are dear to people's hearts – Witty's Lagoon, Devonian Park, Matheson Lake and others, that she is designing logos for those locations

and will be working on lines of clothing such as tank tops.

The Metchosin Day special price for these great shirts is \$25 each or two for \$40; kids' shirts will be \$20 or two for \$30. Heather will also be selling them at the Christmas Craft Fair and possibly the spring fair but after September 10, there will be no "bulk" discount.



**OAK BAY  
GOLD  
SILVER & COINS**

We buy anything made of gold, silver, precious metal, medals, jewellery, and collectibles.

**Ron Floyd: 250.592.3808**  
2029 OAK BAY AVE. VICTORIA, BC V8R 1E5

**SILVER MAPLE LEAF  
GOLD MAPLE LEAF  
SILVER BARS  
GOLD BARS  
WAFERS**

[www.oakbaygold.ca](http://www.oakbaygold.ca)  
[info@oakbaygold.ca](mailto:info@oakbaygold.ca)  
PRECIOUS METAL RECYCLERS


**NUMA FARMS NURSERY**

**THE FOUNDATION  
OF YOUR LANDSCAPE**

**THE BEST IN TREES & SHRUBS  
QUALITY, SIZE, SELECTION...**

Open Tues.–Sat. 8:30 am–5 pm; Mon. by appointment only. Closed Sun.  
3459 Luxton Road, Langford, BC • Tel. 250-474-6005 • [numafarms@shaw.ca](mailto:numafarms@shaw.ca)

**The Belief Connection**



**Alisa Gamblin**  
Hypnotherapy, EFT, NLP, PSYCH-K  
The Journey, Reiki, Sound Healing

**Feeling Stressed, Overwhelmed, Depressed,  
Emotional, Lost ... Hypnotherapy can help!**

[alisa@thebeliefconnection.com](mailto:alisa@thebeliefconnection.com)  
[www.thebeliefconnection.com](http://www.thebeliefconnection.com)

Metchosin  
**250.686.9301**

# Metchosin Day Photography Contest and Exhibition

Organized and sponsored by Metchosin Arts & Cultural Association (MACCA)

Judging by Peter Lewis and Art Brendon

Categories: Scenery (Local/Vancouver Island), Travel (Abroad), Animals, People, Abstract, Montages (theme collections mounted on a page), a professional photographers category and this year a People's Choice Award.

Ribbons awarded in each Category

Special Awards for Young Photographers (aged 11 to 17 inclusive), and Children (10 and under).

## Entries:

- 1. Eligibility:** Photos of Metchosin (by anyone) or Photos of Anything by Metchosin residents.
- 2. Presentation:** Photos can be any size, but must be framed and ready to hang.

**3. To Enter:** Please leave your photos at the Metchosin Community House (open Monday through Friday, 9:00 am to 1:00 pm), or at the Municipal Offices during office hours, deadline 3:00 pm on Friday, September 8. No late entries accepted; set-up and hanging on Saturday Sept 9.

**4. Identification:** Please put a label on the back of your entry photo with your name, age (if under 18 and eligible for Young Photographer or Children Awards), title of photo, address and phone number.

Labels are available at the Community House and the Municipal Hall and can be completed when you drop off your entry. Limit of three entries per contestant.

Photos will be on view at the Community House from 11:00 am to 4:30 pm on Metchosin Day. They can be collected after 4:30 pm that day or during the following week.

For more information, please contact Art at [ab@islandnet.com](mailto:ab@islandnet.com).



Barb Sawatsky's 2016 first place photo in the Animals category, which was taken in a pond in Duncan, and is titled "Then There Was One." In colour, the "creature" has a startlingly red eye.

# Metchosin Day Produce Contest

Jennifer Burgis

Join the "grow local" revolution and take part in the Metchosin Day Produce Contest. Ribbons for 1st, 2nd and 3rd places. No pre-entry needed, just drop off specimens at the Metchosin Council Chambers between 9:30 am and 11:30 am.

Produce should be entered in the categories specified below. Bring a paper plate to display produce and write your name, address and telephone number and any special information about variety, especially heritage variety.

Include your age if you are a junior entry (11 and under). It is so great to find as many juniors as adults entering in all categories.

Judges – Derek Wulff and Robin Tunnicliffe. Judging will take place at 2:00 pm followed by awards. Produce should be picked up following the award presentation in the afternoon. Heritage varieties are MOST welcome at the festival.

## Vegetables

Peas, shell/snap, 6 pods  
Pole Beans – 3 specimens  
Cauliflower – 1 head  
Broccoli – 1 head  
Beets – 3 only  
Carrots, bunch of 3 tied with tops  
Corn, Sweet, 3 cobs, one stripped  
Garlic, 3 bulbs  
Onions, 3 specimens  
Peppers, Hot, names, 3 specimens  
Radishes, 3 specimens  
Tomatoes, stems on, named, 3 only  
Tomatoes, Cherry, any colour, 3 only  
Squash, named variety, 1 specimen  
Giant Pumpkin/Squash, named, 1 only  
Longest Bean, 1 specimen  
Longest Carrot, 1 specimen  
Longest Zucchini  
Largest Sunflower head, 1 foot stem  
Largest Potato, 1 only  
Weirdest looking vegetable, 1 only

## Fruit

Apples, named variety, 3 only  
Pears, named variety, 3 only  
Plums & prunes, 5 only  
Blackberries, 5 only  
Melon, named variety, 1 only

## Cut Flower Arrangement

In a vase

## Vegetable Basket Assortment

Representing a farm or garden

## Preserves

Jams and jellies

*Note:* These will be judged on appearance only.

Happy Growing! If you have any questions, please contact Jennifer at 250-881-8280.



# Metchosin Day Baking Contest Is Stirring Stuff

Sharie Epp

Batter up! Cake batter that is ... not to mention pie fixings, and bread dough. Fresh from the oven, it's the Metchosin Day Baking Contest. Ribbons and bragging rights are on the line for the best cakes, pies and breads displayed on Sunday, September 10, at the Metchosin Municipal Hall.

With an emphasis on fun and creativity (along with the scumdidlyumptious factor) bakers feature junior (ages 6–11), youth (12–16), and adult groups, while the opportunities for baking supremacy are almost endless. Putting a name to your creation is an awesome touch! All entries must be completely made from scratch, and decorations need to be edible.

Categories include: Pies – apple, berry, and general (other than apple or berry); Cakes – chocolate

and general; and Bread – white, brown/mixed grain, and quick bread. For extra creative efforts, we have ribbons for the prettiest pie, best decorated cake, and most artistic bread.

The Best in Show cake, pie, and bread are to be raffled off at \$2 a ticket, and adult entries sold at \$20, \$15, and \$10, respectively. All proceeds support the great community programs and events held at the Community House by the Metchosin Community Association.

Drop-off time (please use disposable plates) is 9:30 to 11:30 am the morning of Metchosin Day, judging is underway until 1:00 pm, and sales continue during the afternoon. At 3:00 pm, the Best of Show raffle winners are announced, and youth and junior bakers can pick up their masterpieces between 3:00 and 4:00 pm.

*Allison Marshall*

Fully experienced  
Harp & Piano  
Teacher



250-474-6985 Metchosin  
250-532-0228 Langford

Now accepting new students.  
Free introductory lesson.  
[www.allisonmarshallmusic.com](http://www.allisonmarshallmusic.com)

*Glenrosa Farm*



*Restaurant*



Drive, ride, or hike over and  
try our locally-sourced food  
& craft beverages!



Check our website for hours & special events  
[www.glenrosafarm.com](http://www.glenrosafarm.com)

5447 Rocky Point Rd. Metchosin  
(km 30 on the Galloping Goose)  
**250-478-6186**




**We look forward to continuing to help constituents with federal government departments, programs and services.**

**Randall Garrison, MP ESQUIMALT–SAANICH–SOOKE**  
Critic for National Defence and LGBTQ

2904 Tillicum Rd, Victoria, BC V9A 2A5 / M–Th, 10–4 or appt  
250-405-6550 / [Randall.Garrison@parl.gc.ca](mailto:Randall.Garrison@parl.gc.ca)  
[www.randallgarrison.ndp.ca](http://www.randallgarrison.ndp.ca)

# Film Night at the Metchosin Community House

Ric Perron

Friday, September 29, 7:00 pm

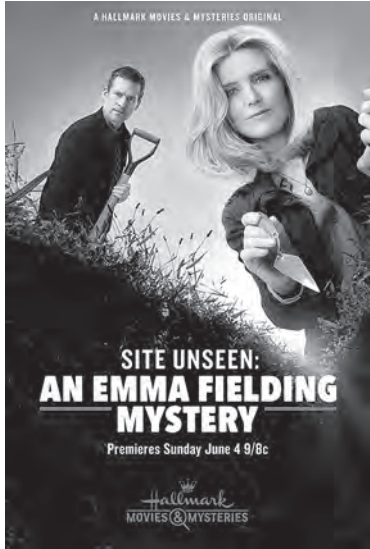
**Site Unseen: An Emma Fielding Mystery**  
(83 minutes)

This fun mystery was filmed mostly in Metchosin during this year, 2017. Several scenes were shot in My-Chosen Café (owner Mike Madill sitting at a table in the background, chatting away), at the District Hall (headquarters for the fictional Sheriff and crew), Taylor Beach, Weirs Lodge, and three familiar Metchosin residences (each very recognizable). It was a must-watch for me, and you know, the story is pretty good.

This Canadian production is supposedly set in Maine. The lead role is played by American actress Courtney Thorne-Smith. She's an archaeologist following in the footsteps of her dad who was a world-renowned professor of archaeology. As the film plays out, bad things happen around her. She's in Maine looking to find proof of Puritan colonists who were rumoured to have settled here (coincidentally, it's where she grew up).

This is a classic "bait and switch" mystery where you are led to believe the villain is one individual, though he's trying real hard to pin two murders on Thorne-Smith in order to shut down her dig.

Enough said. Come watch.



## METCHOSIN VOLUNTEERS

# Rough Voice Singers

Jim MacPherson

For this geezer, it seems Don McLean was right when he described in "American Pie" "the Day the Music Died." He had a different context and meaning, but for me the post-war period to the 1960s and 70s was one of the best periods in pop music; from Perry Como's "Catch a Falling Star" to Elvis' "Hound Dog" to Abba's "Mamma Mia." When I think of music, I think of melody. Sure the words are sometimes silly, sometimes in protest, sometimes profound, but it is melody, hummable melody that I always remember. And from the melody I seem to have a pretty good memory of who sang that song. My interests are pretty eclectic: The Beatles, Creedence Clearwater Revival, the Guess Who, Neil Young, Rush, the Police, the Monkees, even some Anne Murray, Blue Rodeo, and John Denver.

So when I dropped into the Community House one night last April, I stepped back in time to before the music died. The House was packed. And everyone seemed to be singing ... "Raindrops Keep Falling on my Head," "Camp Granada," "Knock Three Times." It was a real participation performance.

The audience just exuded a sense of having fun – a lot of fun. Some even danced on the kitchen floor, one of the few spaces available. There is nothing high-brow here; mistakes are laughed off. And the audience included all ages.

This is all brought to you by the Rough Voice Singers, a small volunteer group of about 15 organizers and musicians who provide a fun time for people who just like to sing. Talk about passion and commitment! They lead the crowd on guitar, piano, accordion, and ukulele (and once, even bagpipes!) in a wide variety of songs mostly from the 1920s to the 1970s.

Supplying all of their own sound equipment, the volunteers deserve recognition for the hours of practice which make each night unique. Enhancing the program, Doug Sawatsky provides history or amusing cartoons to accompany the lyrics which are projected onto a screen. A specially constructed bright red, can't-be-missed sandwich board placed beside the Community House sign lets people know of the upcoming sing-along.

Volunteers and singers together plan an agenda of songs for the next meeting. These songs are likely to be quite diverse and may include

for example "As Time Goes By," "Deep in the Heart of Texas," or "This Land is Your Land." On special occasions, such as Remembrance Day, a special program warrants war-time songs such as "The White Cliffs of Dover," "Lili Marlene," "We'll Meet Again" and "It's a Long Way to Tipperary."

Finally, we can't forget the volunteers who stay at the end to put the chairs away, wash dishes, sweep the floor and otherwise help out.

The Rough Voice Singers have established quite a reputation. Visitors have taken this amateur singing concept back to their communities, such as Chetwynd and East Sooke, and established their own Rough Voice singing groups. The Rough Voice Singers have also spun off separate groups who want to sing just a capella, or have more specialized musical demands.

The Rough Voice Singers do not have membership fees and do not charge admission to their sing-alongs. A two dollar donation at the door is requested, however, and the Rough Voice Singers this past year donated over \$800 to the Community House.

The fourth Rough Voice season begins on Monday, September 11 at 7:00 pm. Hope to see you there!

Check out the classified ads on page 15.

## WE LOVE LOCALS.

**BIRKENSTOCK®**  
Now available  
FRONTRUNNERS SHELBOURNE & WESTSHORE LOCATIONS



**SHELBOURNE** #3-3659 SHELBOURNE ST. T 250.384.4786  
**WESTSHORE** #123-755 GOLDSTREAM AVE. T 250.391.7373  
**VICTORIA** 1200 VANCOUVER ST. T 250.382.8181

frontrunners.ca

## Your Local Building Supply Store

Windsor Plywood Westshore

100%  
Locally  
owned &  
operated

### WANT A NEW FLOOR OR DOOR?

**WE INSTALL!!** Floors, doors and so much more

Whether you're building new or renovating we do complete installation! That means tearing out your old floors, disposing of it and revamping or installing new baseboards all in a timely fashion. We keep on top of the trends so come and see our new lines of vinyl, hardwood, oak and laminate flooring ... and see why Windsor Plywood Westshore are the installation specialists! Come and walk through our doors and walk on our floors.

Door and Floor Installations Fully Guaranteed

**Halton Hickory Hardwood**  
CHESTNUT SHOWN (WHILE QUANTITIES LAST)  
6-1/2" CHESTNUT HICKORY  
6-1/2" STONE HICKORY

**Tower Series Hardwood**

### EXTERIOR PREHUNG DOUBLE STEEL DOORS



- Features 20" x 64" one lite - low-e glass
- 4-9/16 exterior primed jamb



- Features 20" x 64" one lite - with raise and lower blinds
- 4-9/16 exterior primed jamb



**WINDSOR Plywood Westshore**

Westshore Location • 888 Van Isle Way • 250-474-6111



Store hours  
Mon-Fri 8am-5:30pm  
Sat 9am-5:30pm  
Closed Sun - Family Day

Tell them you saw it in the Muse!

# Music for a Sunday Afternoon

Adapted from an Emily Carr String Quartet press release

The locally based Emily Carr String Quartet will be returning to Metchosin on Sunday, September 17 at 2:30 pm at St. Mary of the Incarnation. The Emily Carr String Quartet will perform Haydn's Op 76 no. 5, Bartok's 4th quartet, and Salina Fisher's Torino.

Haydn wrote his Opus 76 quartets at a time when he was enjoying great success across Europe. Dedicated to the Hungarian Count Joseph Erdody, the work was published in 1799 and has the character and playfulness of a much younger composer; daring and yet with exquisite beauty of a master of his trade.

Written in 1928, Bartok's 4th quartet remains a work of incredible technical difficulty. Bartok demands many

"extended" techniques to be employed by the musicians: snapping pizzicato, hitting with the wood of the bow, playing on the bridge. These effects create an incredible soundscape that is both moving and intriguing; the beautiful slow third movement centres the piece.

Salina Fisher is a New Zealand composer and her Maori-inspired work, "Torino," should provide an interesting conclusion to an afternoon of delightful chamber music.

The Emily Carr String Quartet was formed in 2006 by members of the Victoria Symphony and performed in the US, Europe and Asia, has been featured on CBC radio's "North by Northwest" and their CD "Hidden Treasure" was nominated for the 2012 classical recording of the year at the Western Canadian music awards.



The Emily Carr String Quartet.

Press photo, <http://emilycarrstringquartet.com>



## HOUSE HAPPENINGS

Metchosin Community House 4430 Happy Valley Road Info: 250-478-5155

Email: [mcahouse@telus.net](mailto:mcahouse@telus.net) Web: [www.metchosincommunityhouse.com](http://www.metchosincommunityhouse.com)

### Ongoing Programs

#### Mondays

**Vancouver Island Health Authority Adult Day Program** – 9:00 am–3:30 pm. Contact Mobile program coordinator Ken Hillecke at 250-213-2440.

**Buddies** – 2:45–4:30 pm. Buddies offers Reading and Math tutoring as well as help with homework for Metchosin students grades K–6. Students receive a half hour, one-to-one tutoring session with an adult or teen volunteer. Registration forms are available at Hans Helgesen School or call MCH at 250-478-5155 or the coordinator, Nancy Evans at 250-642-4613. The program will start again near the end of September.

**Pearson College Students Outreach** – 3:00–4:30 pm. Helping seniors and youth in our community. Invite Pearson College students to visit or help with a project. Particularly aimed at Metchosin seniors, but call 250-474-0634 and leave a message to see if you might be eligible. This program will return in September. Date to be determined.

**Knitting Café.** On the first and third Mondays monthly, 7:00–9:00 pm, knitters of all skill levels, including beginners, are welcome to this informal and friendly get-together. For information call Laura, 250-478-1197, email [laura.farquharson@shaw.ca](mailto:laura.farquharson@shaw.ca). This program will return on September 18.

**Singalong – Metchosin Rough Voice Singers** – The Rough Voice Singers meet at the Community House on the second and fourth Monday each month from 7:00–9:00 pm. All are welcome to join us at this fun, drop-in sing-along group where a good singing voice is not a requirement. \$2/person. Contact Barb Sawatsky (250-478-0553).

#### Tuesdays

**Drop In Painters Art Group.** This friendly and supportive group of artists and hobbyists meets Tuesday mornings 9:30 am–noon at the MCH. Everyone is welcome.

**Knitting Café.** On the second and fourth Tuesdays monthly, the Knitting Café has afternoon sessions from 1:00–3:00 pm. See the Monday listing for contact information.

#### Wednesdays

**Vancouver Island Health Authority Adult Day Program** – 9:00 am–3:30 pm (see Monday for details).

#### Thursdays

**Creative Rug Hooking** – First and third Thursdays, 10:30 am–1:30 pm, led by Sheila Stewart, certified instructor of Traditional Rug Hooking. Beginners are welcome, but should contact Sheila (email [blueheronstudio@telus.net](mailto:blueheronstudio@telus.net), or call 250-595-6406) to discuss needed supplies. Experienced rug hookers

are invited to bring their own projects. Bring a bag lunch; tea and coffee available. No fees but donation jar available to cover refreshment costs. 250-478-5155.

#### Fridays

**Parent and Tot Program** – 9:30–11:30 am. Calling all Metchosin tots! The Parent and Tot Drop-In Program invites moms, dads, caregivers and their young children to join us Friday mornings for our community program. Children will enjoy our new toys, books and craft opportunities. Parents will enjoy our relaxed, supportive environment, parent resource library and opportunities to connect with other parents and kids. We look forward to seeing you and your little ones.

**Pearson Student Teatime Drop-In** – 2:45–4:30 pm. Enjoy a cup of tea and conversation with international students from Pearson College. This program will return in September. Date to be determined.

**Music Night** – 7:00–9:00 pm, second Friday of each month. Returning in October.

**Ukulele Gathering** – 5:00–6:30 pm, first Friday of each month. Tell all your ukulele-playing students, friends, and relatives! Open to community members of all ages and levels of talent. Bring: a ukulele, capo, tuner, music stand, and a few songs you are willing to share/lead/teach others with appropriate song sheets for others, if not from songbook below. Suggested songbook: *Jumpin' Jim's Daily Ukulele* (as a base resource to work from) if you have it.

**Film Night** – Film night will return on September 29 at 7:00 pm with *Site Unseen – an Emma Fielding Mystery*.

### Events

**The Arthritis Society presents "Take Charge of Your Arthritis!" Free Workshops.** *Understanding Arthritis – Knowledge Is Power!* is on Tuesday, September 5, 1:00–3:00 pm.

**Metchosin Garden Club.** Wednesday, September 6, 7:30 pm. Speaker: Barrie Agar, Head Gardener at Hatley Park National Historic Site, will be speaking to us about heritage apples.

**MCA Guest Speaker** – This program will return September 21.

**MCA AGM** – September 30, 2:00 pm. All welcome but only MCA members can vote. Memberships available at the House – just \$10 a year.

**Art on the Walls:** Doug Gilbert in collaboration with the Metchosin School Museum Society, has compiled and organized a show of 18 historic photographs of Metchosin dating back to the early 1900s. They are hanging on the Community House walls for all to come and enjoy. Viewing times are Monday–Friday, 9:00 am–1:00 pm. The Art on the Walls program offers the House as a wonderful venue for artists to show and display their works. For more information, please call the MCH at 250-478-5155.

# Metchosin Spinners Drew a Crowd at the Sheepdog Trials

Johnny Carline

A sheepdog trial is a cultural event in itself and is bound up with an important part of Metchosin's history. But the organizing committee, (Brian Domney, Kathleen Sutherland, Andy MacKinnon and myself) in bringing back the sheepdog trial to Metchosin, wanted to lay the foundation for this becoming a broader cultural event, or at least a sheepdog trial with its broader cultural context on show. We are grateful to MACCA for encouraging us in this view and for providing financial support.

But this was our first year and there was a limit to how much we could take on. So we decided that we would provide some context in the

program, provide more local information in a pre-trial talk by John Buchanan (coupled with a perspective on trials by Julie Carter) and try one demonstration of a wool-related activity at the trial itself.

How would this be received, we wondered, away from the trial field, near the food truck and the parking lot? But, nonetheless, we asked Wendy Mitchell whether she would take this on.

She did, with all the robust enthusiasm she is capable of. She brought her spinning friends and they demonstrated various approaches to spinning and got ready to answer questions.

It was slow at first as people, understandably, focussed on the trial, which had

not been held in Metchosin for so many years. Then, as the morning wore on, spectators began to wander out to the spinning demonstration. By lunchtime the crowds around the spinners was

rivalling the crowd lined up for food. Questions came fast and furious and Wendy and friends educated, entertained and did Metchosin proud. As they were leaving, many spectators complimented the

organizers on including this demonstration. We are happy to pass those compliments along to the spinners, where they properly belong.



Few can spin a yarn as well as Wendy Mitchell – here she entertains some visitors at the sheepdog trial. Brian Domney photo



BBB Torch Award Winner - Community Service  
Winner LCT Magazine Global Operator of the Year



... it's how you get there."

**Saanich and Cowichan Valley Wine Tours • Brew and Spirits Tours**  
**Airport Transfers • Restaurant Transfers**  
**Gift Certificates • A Perfect Gift!**

**Mention this ad for 10% off our regular rates!**




www.lalimo.ca info@lalimo.ca  
**250-391-9000**

## Oh Riley, It Was Hot!

Dar Churcher

Recently, on an exceptionally hot Sunday afternoon, I had the great pleasure of attending the "re-instituted" Metchosin sheepdog trials. While I sat chatting with Michael Meredith (a prize-winning handler from California), his border collie lay busy at our feet with a very noisy "project" of her own devising. She was making so much racket in fact that I eventually looked down to see what on earth she was up to.

Riley had been "working" an unopened plastic bottle of water with the dogged persistence and determination for which collies are so well known. After much stabilizing, paw-scrunching of plastic and artful mouth manoeuvres, she had managed to unscrew the lid of the bottle, fit her slender tongue far down its



Riley hits the bottle.

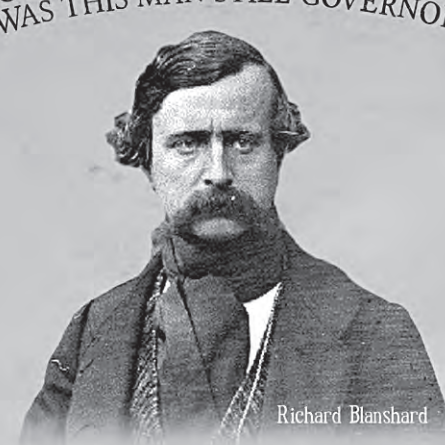
Dar Churcher photo

neck and finally slurp up the "oh, so wonderful" wet water!

I hastily grabbed my camera in time to capture the results of this collie's completed mission in satisfying

full swing. We all know how amazingly smart collies are, but Riley's thirst-quenching feat must border on the genius!

WHEN YOU LAST THOUGHT ABOUT YOUR WILL,  
WAS THIS MAN STILL GOVERNOR?



Richard Blanshard

**Is it time to review your will?**

For a free consultation, call

**MacIsaac & MacIsaac**

**250-478-1131**

www.macisaaclaw.ca | 2227 Sooke Road, Colwood


ICBC / Personal Injury / Civil Litigation / Family Law  
Wills and Estates

## The Muse Traveller

In 10 days Ric Perron, Nicole Lalonde, David Higgins and Naseem Janmohammed covered 34 hours of driving (return) and 16 hours of walking (return) to get this hot Metchosin newspaper to the monks of Phuktal Monastery, Zanskar, Ladakh. A gumpa (monastery) is just visible (top left), built into the cliff.



Ric Perron photo



**Sure Wire Electrical (1979) Ltd.**

ELECTRICAL CONTRACTORS  
Service Calls – Small Renos

**DAVE RIGBY**  
250-478-3228 Tel/Fax  
250-883-5992 Cell

815 Tiswilde Road  
Victoria, B.C.  
V9C 4E8

# Eaglet Reunited with Family



The fallen eaglet looks a wee bit stunned. Meghan Hatch photo

Meghan Hatch, Assistant Manager, Wild ARC

Living on the West Coast, residents of Southern Vancouver Island are very familiar with the wind storms that can cause damage to property and landscapes but we often forget the impact these storms can have on our local wildlife. On May 23, one such wind storm blew through Victoria and is believed to be the reason a young bald eagle fell out of his nest. A concerned citizen found the young bird in the grass behind the Police and Fire Station on Monterey Avenue in Oak Bay. As bald eagle nests are built high in the tree tops, a fall from a nest can cause severe injury to young eaglets and so it was determined this baby bald eagle should be brought to a rehabilitation centre to assess his condition.

He was brought to Central Victoria Veterinary Hospital which is used as a temporary drop off point for injured, orphaned and sick wild animals awaiting transfer to the BC SPCA's Wild ARC – the only wild animal rehabilitation centre for Southern Vancouver Island. When he arrived at Wild ARC, the rehabilitation staff assessed the eagle's condition and he was found to have no serious injuries. He did suffer some minor swelling in his left leg and a small amount of blood was found in his mouth. He was kept under close observation in an intensive care unit and given pain control medication for his leg, rehydration fluids, hydration therapy and was offered salmon and fresh water for sustenance.

The eaglet quickly recovered from his tumble from the nest and regained full motion of his leg. Staff determined he was approximately eight or nine weeks old. Bald eagle babies generally fledge from the nest at around 10 to 13 weeks of age so the next question faced by Wild ARC staff was how to safely and responsibly reintroduce this young baby back to his family. Whenever possible, Wild ARC will attempt to reunite babies with

their parents, but with bald eagles it is more complicated than just putting the baby back into the nest. Bald eagles reuse the same nest year after year but if the nest site is disturbed, they may abandon that nest for future years to come. To limit the disturbance to the nest, Wild ARC staff decided to wait until the eaglet was fully flighted before returning him to his family.

Rehabilitation centres often work together to ensure the best possible care for the wild patients, and Pacific Northwest Raptors in Duncan had a pair of bald eagles that were caring for their own baby eaglet at the time. The young eagle from Oak Bay was transferred to the Duncan facility where the adult bald eagles were separated – the adult male was placed with

his biological baby and the Oak Bay eaglet was fostered with the adult female. This was the best possible situation for the eaglet to be raised by foster parents until he was strong enough to fly on his own.

While the adopted eaglet was being well cared for by the adult female in Duncan, many concerned residents of Oak Bay were keeping a close eye on the original nest. There were actually two babies in the Oak Bay nest and these avid bird watchers were tasked with monitoring when the eaglet's sibling began to fledge as this would indicate the correct time to reintroduce the eaglet back with his family.

On Friday, June 16 the young eaglet was brought back to Oak Bay near his original nest site and released. With a crowd of interested onlookers, the eaglet flew in a low circle before disappearing behind a stand of trees. He was spotted again with his sibling just a few days later perched on rooftops and flying near the nest site.

The logistics of rehabilitating wild animals can often be complex and this story is a great example of the cooperation needed between members of the public and rehabilitation centres to ensure the health and safety of our local wildlife.



Looking better: the Wild ARC magic is beginning to work. Meghan Hatch photo



Up and about again.

Lynda Robson photo

*Visit the Muse website!*

- Current issue • Back issues • Extras
- Advertising rates • Contacts

[www.metchosinmuse.ca](http://www.metchosinmuse.ca)

**TIMBER HAWK**  
HOMEBUILDERS LTD.



CUSTOM HOMES  
RENOVATIONS  
CARPENTRY  
DESIGN  
GENERAL CONTRACTING

250-888-9645

TIMBERHAWK@GMAIL.COM

ANGUS STEWART  
CHRIS FRANG  
METCHOSIN OWNERS



ENERGY STAR QUALIFIED BUILDERS



941 Arden Rd.  
Victoria, BC, V9C 4G3  
Home: (250) 474-7403  
Cell: (250) 514-7339

**KIVARI AUTO REPAIR**

A modern approach to car care with good old-fashioned service.

**Kevin Kivari**

Certified mechanic/owner/operator

[k\\_kivari@shaw.ca](mailto:k_kivari@shaw.ca)

[www.kivaristudio.com](http://www.kivaristudio.com)



**RACE ROCKS AUTOMOTIVE**

**Repairs to All Makes & Models**

**Full Service Automotive Repairs**

Rick Pettillion – Certified Mechanic, 20 yrs exp.

- Warranty Approved Scheduled Maintenance
- Computer Diagnostics
- Brakes, Steering & Suspension
- Engine Mechanical
- Clutch & Axles
- Pre-purchase Inspection
- Designated Inspection Facility

**Phone: 250-478-1920**

1057B Marwood Avenue

Hours: Mon-Fri 8:00-5:30

We accept Visa, MasterCard & Interac



*The Best of the Muse*

Volumes 1 and 2 are available at the Metchosin Country Store

## Did You Miss Your Muse?

If you don't receive your *Metchosin Muse* on the last Thursday of the month (or the first Thursday of the month if the first day is on a Wednesday or Thursday) – and there's not a postal strike – please let us know! You can email the editor at [metmuse@shaw.ca](mailto:metmuse@shaw.ca), or call 250-474-3966, and we'll try to make sure it doesn't happen again.

In the meantime, see page 2 under "*Metchosin Muse*" for a list of locations where you can pick up a copy.

# Jimi, the Therapeutic Riding Pony

Barb Sawatsky

Jimi is an endearing, eight-year-old therapeutic riding pony, residing on a quiet Metchosin lane where he is boss of the paddock he shares with two horses. Heidi, his owner/trainer, explained that her horse had a fear of ponies and she felt that introducing a small steed might help her horse overcome this teeny pony equinophobia.

With this in mind, Heidi stopped at a pasture of miniature horses on Rocky Point Road. As she watched four-day-old Jimi chasing a rooster, mouth wide open trying to fill his chompers with tail feathers, she immediately knew that this was the pony she wanted. Eight years later, he is still a trickster, playfully pushing Heidi over as she is cleaning the paddock, upending the wheelbarrow full of



Jimi, the small pony with the big heart, with Heidi and Maureen.

manure onto her and initiating games of tag with his namesake, Heidi's husband Jim.

When he was about six or seven months old, Jimi began his training on a long-line, graduating to pulling a cart on flat ground when he was two years old. At about four years of age, he began pulling the cart up hills. Maureen, a client from Victoria who has been riding with Heidi for about 20 years, comes to

Metchosin most Mondays for a session with Jimi. She is a petite lady, a perfect size for the cart, so I was surprised to learn that this mini is capable of pulling up to 300 pounds.

Most impressive is watching the working relationship between Heidi and Jimi. He is such a well-trained pony that occasionally, when his "inner big horse" comes out, he is reprimanded with a giggle because after all, how can you be cross at a 30-inch

pony who just wants to assert himself occasionally?

Watching his tiny hoofs prancing down the road, he hardly looks real and when he canters, he appears to be dancing joyfully. Not only is Jimi adorable, bringing smiles to everyone who sees him, but he has a job that enriches the lives of people with disabilities. And, as a plus, he has successfully cured Heidi's horse of her fear of small ponies.



## My-Chosen Cafe

*Come in and experience our quaint country atmosphere and enjoy our hearty portions of great home cooked foods!*

OPEN: Mon.- Fri. 10am-9pm, Sat. & Sun. 8am-9pm

**250-474-2333**

Corner of Happy Valley and Metchosin Road

---

**MY-CHOSEN PIZZA**  
Pickup after noon, delivery after 4pm  
OPEN: 11am-9pm seven days a week  
**Phone 250-474-5576**

## NEWS FROM HANS HELGESEN SCHOOL

# Welcome Back!

Debra Stoutley

September is an exciting time in school. We begin the year at Hans Helgesen with two more classes (divisions). Our little school now has nearly 200 students!

There are many things to look forward to this year and in September we start everything off with our School Planning Day, the Terry Fox Run, a meet the teacher night and preparations for a music concert in December.

School Planning Days are an opportunity for staff to come together and make plans for academic, social and cultural goals for our students. With several new staff members, this will be an important activity for our school. We will review data collected by teachers, set goals and plan special events for the year on that day, which happens Monday, September 18 this year.

As one of the first school events of the year, our intermediate classes will be studying Terry Fox. This will include a trip to the Royal BC Museum to view the display celebrating Terry's life and accomplishments. Our entire school will run in the Terry Fox Run for schools on Thursday, September 28. Stay tuned for more information about our intermediate students' assembly for this important event.

Meet the teacher night is one of the first formal opportunities for parents to visit their child's classroom. Together with our PAC, we plan to have information about events and ways for you to be involved with school



Debra Stoutley photo

activities. Having parents involved in school is proven to improve a child's experience including academic performance. All parents are invited to this event which is tentatively booked for Thursday, September 21. More information will follow after our planning day!

One final item to mention is this year's winter concert. We have secured district equipment and the date is booked for December 21, right before the winter break. This means our new music teacher will be busy working with all his new students and learning many new songs right away! More information on this event will follow.

Thank you for your interest in Hans Helgesen Elementary! I look forward to keeping you up to date on all our activities throughout the year. Please feel free to contact me ([dstoutley@sd62.bc.ca](mailto:dstoutley@sd62.bc.ca)) if you have any questions.



westmont  
MONTESSORI SCHOOL

developing  
**ENGAGED MINDS**  
dynamic • independent • connected



It takes self-initiative to become a perpetual student. At Westmont, students are learning to be independent thinkers.

4075 Metchosin Rd | Victoria, BC V9C 4A4 | T: 250.474.2626 | [info@west-mont.ca](mailto:info@west-mont.ca) | [west-mont.ca](http://west-mont.ca)

### Dance classes in Metchosin this September!

toddler, preschool and jazz (7-10 yrs)  
Register now!



Teaching children to be whole and happy through movement

[www.movethis.ca](http://www.movethis.ca)  
[niki@movethis.ca](mailto:niki@movethis.ca)

Know any interesting residents of Metchosin?  
Submit a story about them to the *Muse*!

# RCMP Call-Outs JULY 2017

Constable Alex Bérubé, West Shore RCMP | GRC de West Shore

- |  |   |   |
|--|---|---|
| July 1 <b>Sooke Road</b> – Report of erratic driver believed to be impaired. Driver located, not impaired. | July 12 <b>Sooke Road</b> – Report of wildfire. Investigation revealed fire caused by motorhome.              | July 21 <b>Duke Road</b> – Report of individual overdosing. Individual transported to hospital.         |
| July 2 <b>Spellman Place</b> – Alarm received from business. Confirmed false alarm.                        | July 13 <b>Glen Forest Way</b> – Report of mischief on private property.                                      | July 22 <b>Aquarius Road</b> – Noise complaint received.  |
| July 3 <b>Wedgewood Place</b> – Complaint of abandoned vehicle. Vehicle determined to be broken down.      | July 14 <b>Rocky Point Road</b> – Report of an assault that occurred in a vehicle.                            | July 23 <b>Stirrup Place</b> – Report of a break and entry.   |
| July 4 <b>Kangaroo Road</b> – Report of shots heard. Patrol made in area, nothing heard or observed.       | July 15 <b>Happy Valley Road</b> – Report of an impaired driver. Driver located and deemed impaired.          | July 24 <b>Happy Valley Road</b> – Received abandoned 9-1-1 from cellphone. Confirmed false.            |
| July 5 <b>Happy Valley Road</b> – Report of stray cow. File passed on to CRD Animal Control.               | July 16 <b>Sooke Road</b> – Complaint of an erratic driver. Driver not located.                               | July 25 <b>Sooke Road</b> – Complaint of erratic driver. Patrols made but vehicle not located.          |
| July 6 <b>Cardsview Terrace</b> – Report of lost licence plate valtag.                                     | July 17 <b>Sooke Road</b> – Complaint of a possible impaired driver. Driver located and was impaired.         | July 26 <b>Rocky Point Road</b> – Report of a chronically AWOL youth. Youth returned home later.        |
| July 8 <b>Matheson Lake</b> – Report of lost hiker. Hiker was able to find her way back.                   | July 18 <b>Happy Valley Road</b> – Report of unwanted customer at local business. Police dealt with customer. | July 27 <b>Sooke Road</b> – Traffic complaint of a vehicle driving erratically. Vehicle not located.    |
| July 9 <b>Happy Valley Road</b> – Report of an assault. Police investigating.                              | July 19 <b>Wittys Lagoon</b> – Complaint of man masturbating on nudist beach. Reported after the fact.        | July 29 <b>William Head Road</b> – Complaint of vehicles racing in a field.                             |
| July 10 <b>Metchosin Road</b> – Complaint of suspicious person around community mailbox. Nothing broken.   | July 20 <b>Zanita Heights</b> – Complaint of abandoned vehicle.   | July 30 <b>Happy Valley Road</b> – Report of erratic drivers. One vehicle located and driver spoken to. |



Two Marbled Godwits at Esquimalt Lagoon – sharing a wry, divine joke perhaps?  
Ernie Chang photo

# Fire Department Call-Outs JULY 2017

Fire Chief Stephanie Dunlop

Check out Metchosin Fire on Facebook or follow me on Twitter @ChiefDunlop

- |   |   |
|---|---|
| July 1 <b>Delgada Road</b> – Beach Fire<br>Beach Fire<br>Beach Fire   | July 17 <b>William Head Road</b> – Medical<br><b>Metchosin Road</b> – Alarm Bells – Commercial<br><b>Sooke Road</b> – Assistance – General Public<br><b>Pegasus Way</b> – Assistance – Misc Complaint |
| July 2 <b>Stone Hearth Lane</b> – SFRes<br><b>Sooke Road</b> – Assistance – General Public<br><b>Wootton Road</b> – Medical   | July 18 <b>Albert Head Road</b> – Medical   |
| July 3 <b>Dallimore Road</b> – Medical<br>Beach Fire  | July 19 <b>Happy Valley Road</b> – Medical<br><b>Glen Forest Way</b> – Assistance – General Public  |
| July 4 <b>Brush/Grass</b> – Smoke Smell / Sighting<br><b>Kangaroo Road</b> – Medical<br><b>Kangaroo Road</b> – Medical<br><b>Brush/Grass</b> – Smoke Smell / Sighting<br><b>Gilbert Drive</b> – Medical | July 20 <b>Rescue</b> – Rope/High/Confined<br><b>Olympic View Drive</b> – Medical<br><b>Olympic View Drive</b> – Brush/Grass – Smoke Smell / Sighting<br><b>Tiswilde Road</b> – Open Burn – General   |
| July 5 <b>Chapel Heights Drive</b> – Medical  | July 21 <b>Duke Road</b> – Medical  |
| July 7 <b>Rocky Point Road</b> – Medical  | <b>Eales Road</b> – Medical   |
| July 8 <b>Happy Valley Road</b> – Community Event<br><b>Parry Cross Road</b> – Assistance – General Public<br><b>Happy Valley Road</b> – Assistance – RCMP  | July 22 <b>Albert Head Road</b> – Medical<br><b>East Sooke Road</b> – Brush/Grass – Smoke Smell / Sighting<br><b>Winfall Road</b> – Medical<br>Beach Fire   |
| July 10 <b>Dutnall Road</b> – Medical   | July 23 <b>Rescue</b> – Rope/High/Confined  |
| July 11 <b>Kangaroo Road</b> – Medical  | July 27 <b>Assistance</b> – Misc Complaint  |
| July 12 <b>Sooke Road</b> – Brush/Grass – Fire  | July 28 <b>East Sooke Road</b> – MVI<br><b>Happy Valley Road</b> – Assistance – Public Works  |
| July 13 <b>Happy Valley Road</b> – Assistance – Public Works<br><b>Stirrup Place</b> – Assistance – Public Works<br><b>Albert Head Road</b> – Medical   | July 29 <b>Bennett Road</b> – HAZ MAT – Petroleum Spill / Fire<br><b>Barrow Road</b> – MVI  |
| July 14 <b>Beach Fire</b>   | July 30 <b>Sooke Road</b> – MVI   |
| July 15 <b>Kangaroo Road</b> – Medical<br><b>Tavane Road</b> – Medical<br>Beach Fire<br><b>Albert Head Road</b> – Medical<br>Beach Fire<br>Beach Fire   | July 31 <b>Metchosin Road</b> – Assistance – General Public<br><b>Kangaroo Road</b> – MVI   |
| July 16 <b>Beach Fire</b>   | MVI: Motor Vehicle Incident<br>SFRes: Structure Fire Residential<br>HAZ MAT: Hazardous Materials  |

**MILLAR'S AUTOMOTIVE**  
Volkswagen Specialist (Other makes welcome)

4199 Stillmeadow Road  
Metchosin, BC V9C 4H8  
(Off Witty Beach Road)

**Al Millar**  
Tel: (250) 391-0588      inquiries@millarsauto.ca

**BACK PAIN? GOLF INJURY?  
CHRONIC PAIN?**

778-265-9765  
Ground Level, 627 Brookside Rd.  
Complex Next to Red Barn Market

**STRUCTURE-HEALTH.COM**

MASSAGE THERAPY | COLD LASER THERAPY  
ACUPUNCTURE | FOUNDATION TRAINING

## CLASSIFIEDS

\$10 per 25 words to go in this monthly paper which is mailed to every Metchosin household. Envelopes for submissions and payments are provided at Metchosin Country Store.

**Deadline for submissions is the 15th of each month and can be dropped off at Metchosin Country Store.**

### WANTED

**COOKIES CRITTER CARE** is collecting beverage containers, dog food, leashes, collars and toys for animal rescue. Call Cookie @ 250-415-9335 for pickup.

**HOUSE** – small family looking to buy house/acreage/or land in Metchosin area. Please contact rddc2004@yahoo.ca or

call 306-230-7793 and leave voice mail. Thank you and good day.

### SERVICES

**COOKIES CRITTER CARE** – Metchosin's professional pet sitter and dog walker since 2006. Fully insured, bondable and First Aid certified. Cookie, 250-415-9335. Comes highly recommended and recognized.

Tell them you saw it in the *Muse!*

## Important Dates and Events

- Sept. 5 **School's back in session.** Remember to slow down in school zones!
- Sept. 10 **Metchosin Day.** See you there!
- Sept. 15 **Metchosin Bandwagon Music Night:** We are excited to welcome back "Seacruze" for your dancing pleasure ([www.seacruze.ca](http://www.seacruze.ca)), 7:00–9:00 pm (kitchen and bar open at 5:30 pm). Metchosin Golf Course, 4100 Metchosin Rd. Cost: \$5 donation goes to musicians; come early as seats are limited.
- Sept. 17 **Emily Carr String Quartet** ..... p. 11
- Sept. 19 **Emergency Program Information Session:** *Taking Care of Your Household Waste in the Event of an Emergency* ..... p. 6
- Sept. 21 **MCA Guest Speaker Series,** 7:00 pm at the Community House, speaker TBA
- Sept. 29 **Film Night at the Community House:** *Site Unseen: An Emma Fielding Mystery* ..... p. 10
- Sept. 30 **St. Mary's Blackberry Festival** ..... p. 5

**Metchosin Farmers' Market, Old Barn Books:** Metchosin Municipal Grounds, 4450 Happy Valley Road, Sundays, 11:00 am–2:00 pm. **Museums – Pioneer Museum,** 4450 Happy Valley Road: Sundays, 11:00 am–4:30 pm. **School Museum,** 4475 Happy Valley Road: Saturdays and Sundays, 11:00 am–4:30 pm

For ongoing events at the **Metchosin Community House,** please see p. 11. For **Council meetings,** please see p. 4. For **SIRC events,** please see p. 5.

**CRD Nature Events** take place throughout the year in Metchosin, East Sooke, Sooke, and Langford. For details, go to [crd.bc.ca/parks-events](http://crd.bc.ca/parks-events).

Clip and save this listing!



Visit the Muse website!

[www.metchosinmuse.ca](http://www.metchosinmuse.ca)



Phone cards • Movie rentals • Galloping Goose sausage • Locally made meat and fruit pies • Bakery items • Fresh produce and cut flowers • Hardware and Grocery • Prepared sandwiches • Fresh brewed coffee • You need it, we have it!



Monday to Friday – 6:30 am to 9:00 pm  
Saturday – 8:00 am to 9:00 pm  
Sunday – 8:00 am to 9:00 pm

VISA, Mastercard, Interac

Phone & Fax: 250-478-2405

## Support Your Local Scout Group

Joan Kew

Every Metchosin Day, the 14th Juan de Fuca Scouts run a food tent. They begin the day by serving a pancake breakfast for vendors, volunteers and early-birds, and then sell hot dogs, hamburgers, and pizza starting at 11:00 am.

This is one of the 14th Juan de Fuca group's major annual fundraisers that enable them to provide activities for local youth. Please support them by purchasing food at their tent on Metchosin Day! For information about Scouts, email [14thjuandefuca@victoriascouts.ca](mailto:14thjuandefuca@victoriascouts.ca).



Taylor Church and Curtis Petillion, in 2015. Curtis Becker photo

## Directory of Organizations

### AIR CADETS

[www.848royalroadsaircadets.com](http://www.848royalroadsaircadets.com)  
[www.facebook.com/848aircadets](http://www.facebook.com/848aircadets)  
250-590-3690  
[848air@cadets.gc.ca](mailto:848air@cadets.gc.ca)

### ALZHEIMER SOCIETY OF BC

250-382-2052  
[www.alzheimerbc.org](http://www.alzheimerbc.org)

### ASSOCIATION FOR THE PROTECTION OF RURAL METCHOSIN (APRM)

250-478-1197  
Facebook: Metchosin APRM

### BADMINTON

Women's 250-478-9648

### BILSTON WATERSHED HABITAT PROTECTION ASSOCIATION

250-478-2387  
[ikmcken@islandnet.com](mailto:ikmcken@islandnet.com)  
[www.bilstoncreek.org](http://www.bilstoncreek.org)

### CRD PARKS

250-478-3344  
[crdparks@crd.bc.ca](mailto:crdparks@crd.bc.ca)  
[www.crd.bc.ca/parks](http://www.crd.bc.ca/parks)

### GIRL GUIDES OF CANADA (Metchosin and Colwood)

[tandwcampandcomish@shaw.ca](mailto:tandwcampandcomish@shaw.ca)  
250-478-5484

### LA LECHE LEAGUE CANADA

250-727-4384

### METCHOSIN 4-H CLUB

[metchosin4h@gmail.com](mailto:metchosin4h@gmail.com)  
[www.metchosin4h.com](http://www.metchosin4h.com)

### METCHOSIN ARTS AND CULTURAL CENTRE ASSOCIATION (MACCA)

[info@metchosinartcentre.ca](mailto:info@metchosinartcentre.ca)  
[www.metchosinartcentre.ca](http://www.metchosinartcentre.ca)

### METCHOSIN COMMUNITY HOUSE

250-478-5155  
[mcahouse@telus.net](mailto:mcahouse@telus.net)  
[www.metchosincommunityhouse.com](http://www.metchosincommunityhouse.com)

### METCHOSIN COUNCIL

250-474-3167  
[mayorandcouncil@metchosin.ca](mailto:mayorandcouncil@metchosin.ca)  
[www.district.metchosin.bc.ca/meetings](http://www.district.metchosin.bc.ca/meetings)

### METCHOSIN EMERGENCY PREPAREDNESS

250-478-1307, ham operators call in on 146.550. POD members can call FRS (Family Radio Service) radios: Channel 1 with "0" privacy tone

### METCHOSIN EQUESTRIAN SOCIETY

250-478-2374  
[tammyberry269@hotmail.com](mailto:tammyberry269@hotmail.com)  
[www.mesmetchosin.com](http://www.mesmetchosin.com)

### METCHOSIN FOUNDATION

[metchosinfoundation@gmail.com](mailto:metchosinfoundation@gmail.com)  
<http://metchosinfoundation.ca>

### METCHOSIN GARDEN CLUB

250-298-7877

### METCHOSIN HALL SOCIETY

250-478-6424  
<http://metchosinhall.com/>

### METCHOSIN HIKING CLUB

250-478-4778

### METCHOSIN MUSEUM SOCIETY

Pioneer Museum, 250-382-1989  
School Museum, 250-478-0765

### METCHOSIN PONY CLUB

250-727-3595

### METCHOSIN PRESCHOOL

250-478-9241  
[metchosinpreschool@gmail.com](mailto:metchosinpreschool@gmail.com)  
[www.metchosinpreschool.com](http://www.metchosinpreschool.com)

### METCHOSIN PRODUCERS' ASSOCIATION

[metchosinfarmersmarket@gmail.com](mailto:metchosinfarmersmarket@gmail.com)  
Facebook: Metchosin Farmers' Market

### METCHOSIN SEARCH & RESCUE

250-478-2210  
<http://www.metchosinsar.ca>

### METCHOSIN SENIORS' INFORMATION & RESOURCE CENTRE (SIRC) and METCHOSIN SENIORS' ASSOCIATION (MSA)

250-478-5150  
[msirc@shaw.ca](mailto:msirc@shaw.ca)  
[www.metchosinseniors.ca](http://www.metchosinseniors.ca)

### MT. MATHESON CONSERVATION SOCIETY

250-642-0238

### PACIFIC CENTRE FAMILY SERVICES ASSOCIATION

345 Wale Road, Colwood  
250-886-2481  
[www.pacificcentrefamilyservices.org](http://www.pacificcentrefamilyservices.org)

### NEIGHBOURHOOD EMERGENCY PREPAREDNESS PROGRAM (POD Leaders)

Kathleen Sutherland  
250-474-3966  
[neighbourhoodpod@gmail.com](mailto:neighbourhoodpod@gmail.com)

### ROUGH VOICE SINGERS

September to April  
250-478-0553

### ROYAL CANADIAN LEGION

Branch 91, Station Rd, Langford  
Ladies Auxiliary  
250-478-5484

### SCOUTS CANADA

[14thjuandefuca@victoriascouts.ca](mailto:14thjuandefuca@victoriascouts.ca)

### SEA CADETS

250-478-7813

### TOASTMASTERS 'CHOSIN CHATTERS

[info@chosinchatters.org](mailto:info@chosinchatters.org)  
[www.chosinchatters.org](http://www.chosinchatters.org)

### TOPS: Take Off Pounds Sensibly

Audrey 250-478-1352  
Marnie 250-478-9637

### SWANWICK CENTRE

A centre for spiritual inquiry  
250-744-3354  
[programs@swanwickcentre.ca](mailto:programs@swanwickcentre.ca)  
[www.swanwickcentre.ca](http://www.swanwickcentre.ca)

### WEST SHORE ARTS COUNCIL

250-478-2286  
[info@westshorearts.org](mailto:info@westshorearts.org)  
[www.westshorearts.org](http://www.westshorearts.org)

### WEST SHORE COMMUNITY BAND

250-474-3999

### WEST SHORE PARKS AND RECREATION

250-478-8384  
[www.westshorercreation.ca](http://www.westshorercreation.ca)

### WESTSHORE RUGBY FOOTBALL CLUB

U14.U16.manager@gmail.com  
[westshorerfc.com](http://westshorerfc.com)

## FAITHS

### BAHA'I FAITH

250-514-1757

### GORDON UNITED CHURCH

250-478-6632  
[www.gordonunitedchurch.ca](http://www.gordonunitedchurch.ca)

### HOLY TRINITY REFORMED EPISCOPAL CHURCH

250-727-3722

### OPEN GATE CHURCH

250-590-6736  
[www.opengatechurch.ca](http://www.opengatechurch.ca)

### ST MARYS' METCHOSIN

Anglican Church of Canada  
250-474-4119  
[stmarysmetchosin.ca](http://stmarysmetchosin.ca)

### WESTSIDE BIBLE CHURCH

[www.westsidefamily.org](http://www.westsidefamily.org)  
250-478-8066

### WESTSONG COMMUNITY CHURCH OF THE SALVATION ARMY

250-474-5967  
[www.westsong.ca](http://www.westsong.ca)

The above listing is a directory of organizations only. Please submit changes by email to [metmuse@shaw.ca](mailto:metmuse@shaw.ca). Individuals, groups and organizations are invited to submit details on upcoming events, to be included under "Events" on this page, or possibly as a separate article. Deadline for submission is the 15th of the month preceding the issue date.