

Angela Menzies: SFST Artist at the Stinking Fish Fall Show

WENDY MITCHELL

Nothing is sacred when it comes to personal expression for Angela Menzies, the compelling figurative artist living in East Sooke and working from her Brown Dog Studio. Angela is a member of the Stinking Fish Studio Tour (SFST) and although her work will not be displayed at the November Stinking Fish Fall Show, she will be present introducing five of her mentored emerging artists.

Angela was born in 1972 and raised on a mixed farm near Soda Creek in BC's Cariboo region. In 1990 she attended UVic and later graduated with an Honours BA in psychology. She and her husband settled in East Sooke to raise their two boys.

She is immensely proud of homeschooling her children, which has allowed her to be an intimate part of their growth and nascent success. A key part of their education has been exploring the world through art and imagination, guided by Angela's ability to utilize many mediums including photography, drawing, writing, sewing, quilting, and knitting. The process of painting portraits of her children and herself reawakened her interest in painting. Homeschooling is intense, however, and in a bid to reclaim her sense of selfhood and work

in her own space, she re-quisitioned the family garage for her studio ten years ago.

Her entire life has been saturated with creativity. Angela especially relates to her grandmother, a skilled knitter, and follows in her footsteps by making all her own gifts. Her personal expression extends to her own skin – her latest tattoo wraps her upper right arm and shoulder in an intricate and colourful design memorializing her grandmother. The two great extravagances in her life, she admits, are fine Merino wools and tattoos!

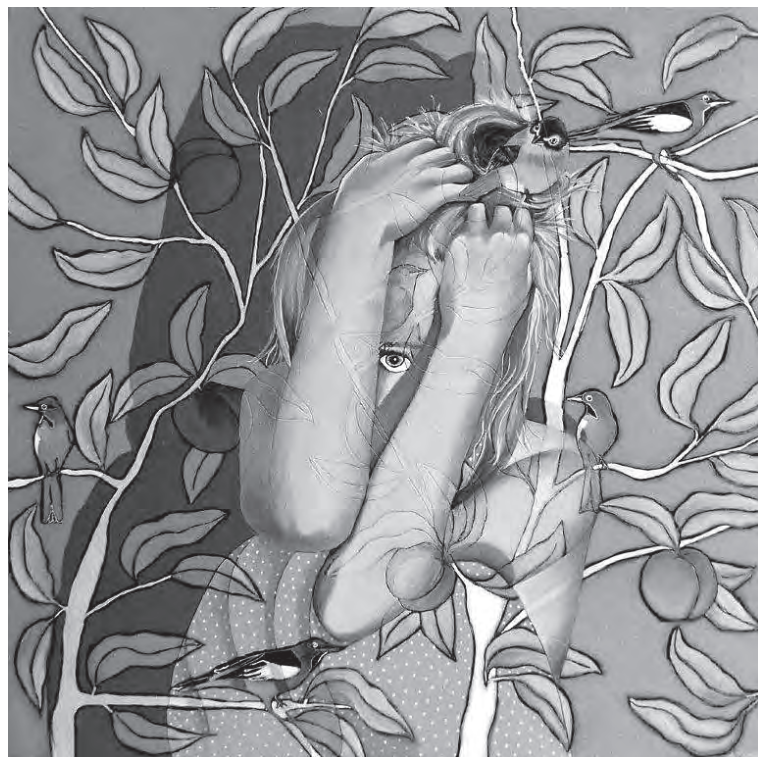
Angela describes her driving force as the desire to acquire knowledge and understand the motivations of herself and others. Her paintings explore the inner workings of the mind through the subjects' bodies and poses. "The eyes are the window to the soul" is a literal truth in her work.

Her portraits start with a photographic session that may take hours of earnest conversation to put the model at ease. Getting naked in a strange place and knowing the resulting painting will be seen in public is a highly vulnerable undertaking. Angela says some models come to the session "strong and joyous, others reluctant and pained" but all come to find that it is liberating to be seen and

understood; that their vulnerability is the very essence of their interior being. By using her academic credentials artistically, she captures the light inside her models, resulting in a mirror of her own personality and her quest for self-awareness.

A series of paintings focusing on different aspects of her subjects helps her achieve her goal of interpreting life. Currently she is creating a series of paintings with the working title of "Skin." The theme will explore the visualization of power within vulnerability. Angela sees beauty reflected in the scars of life experiences, which highlights the bravery within the vulnerability of her models. The technique involves excavating the surface painting to reveal layers of a different painting below, in essence art imitating life.

Just as much as Angela wishes to interpret life through art, she wants to share her skills and encourage others' creativity. She teaches grades one to three art at the Montessori school, and privately mentors high school students. These students are aware of their need for artistic self-expression but they need tools and techniques to grow. Most importantly she wants to give these students an understanding of marketing and commerce, which is the most ignored aspect of any



"Little Bird," by Angela Menzies

artist's training. Her teaching starts with "What do you want to say to the world?", and then introduces the tools to make the world listen. She helps them find the message and how to curate, present, and promote their work. She teaches the importance of communication between other artists and making contact with galleries. Five of her emerging artists will be showcased at the Stinking Fish Studio Fall Show.

The importance of empathy for people (and other

animals) cannot be overemphasized in Angela's life and creative work. Her paintings reflect joy and pain, wonder and confusion, but above all, honesty. Angela's paintings are clear interpretations of what she sees mirrored in her subjects' eyes and naked bodies.

The Stinking Fish Studio Fall Show will be at West-Mont Montessori School on Saturday, November 19 and Sunday, November 20, 10:00 am to 5:00 pm.

Bess Page

February 3, 1924–October 5, 2016



From left to right: Audrey Jenkins, Bess Page, Jan Poulin, and unknown person with back to camera, at SIRC's Parisien Café in June 2016.

ADAPTED FROM THE TIMES-COLONIST, OCTOBER 2016

Metchosin has lost another of its good ones. Bess Page lived in Metchosin for over 60 years, and was an active participant in the community well into her 90s. She suffered a stroke in 2015, moved to the Gorge Waterview Unit and

then to the Priory in Colwood, but continued to participate in the life of Metchosin, attending the Parisien Café in June and Metchosin Day in September.

Bess was born in her grandparents' farmhouse in Alberta in 1924 and spent her childhood there. She joined the Canadian Women's Army

Corps in 1942, and met her husband, John "Mac" Page while training in Winnipeg. They were married in 1943 and settled at Glen Lake after the war. In 1953 they moved to the farm in Metchosin where Bess spent the next 62 years. She earned her teaching certificate at the University of Victoria in 1960 and taught in the Sooke School District until retiring in 1977.

Bess loved the outdoors, travel, literature, music, and history, particularly Metchosin's. She was an avid writer, penning many articles for the *Muse*, and wrote *Metchosin Place Names*, a very useful reference for anyone interested in the background to a place in Metchosin.

After Mac passed away in 1993, she travelled to Southeast Asia and North Africa. In her 91st year she made her

final out-of-country trip with her family to Nicaragua.

Bess was involved with many local projects from the reopening of the Community Hall in the 1950s to her final volunteering days at the Metchosin School Museum. Her prairie childhood brought a life-long love of dancing and she later met her good friend and subsequent partner, Jim Ferguson, through square dancing. One year they were "Couple of the Year" for the Western Square Dancing Association. She participated in the Metchosin Day 5K most years, being recognized, along with Anna Lewis, as by far the oldest participants.

This 2012 letter from Richard Duncan, a Metchosin Technical School student, is just one example of Bess' impact on others:

"I learned something valuable this month from a guest speaker named Bess Page. She came and talked to my class about her life and career. I was surprised and impressed with her experiences and knowledge ... she climbed every peak

on Vancouver Island and has travelled so much. She still has a dream to walk the Silk Road. She taught me to never let life get you down. She said that if something happens you don't like, like the death of a spouse, you still have to live on. Keep dancing! You know what is funny? You see an old person and you don't know that they have lived this life full of adventure – unless you talk and have a conversation. Thanks for coming to our class, Bess."

Bess was a bright, talented woman with a wry sense of humour and a gleam in her eye. The *Muse* team was privileged to have had her as a colleague and we are the less for her departure.

At Bess' request there will be no service or celebration, only private family interment at St. Mary's church yard, Metchosin. If you wish to make a donation in Bess' name, please consider the Metchosin Museum Society, 4475 Metchosin Road, Victoria, BC V9C 3Z3 – or a charity of your choice.

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AD DEADLINE
 The 15th of every month for month-end publication.

ABOUT THE MUSE
 The *Metchosin Muse* is a local non-profit, arts, interests and activities publication, produced by the *Muse* team. The opinions expressed in articles are those of the authors, not the paper. The *Muse* endeavours to promote harmony and involvement in the community and aims to interest a broad cross-section of the residents of Metchosin and Becher Bay.

The *Muse* is delivered, free of charge, to most households in Metchosin. Copies are also available at Metchosin Country Store, the Community House, the Municipal Hall, The Broken Paddle Coffee Shop, My-Chosen Café, Red Barn Market, Happy Valley Store, Bill's Food and Feed, Royal Bakery, Willow Wind Feed & Tack, and at the Juan de Fuca and Goudy branches of the Victoria Public Library.

CURRENT CIRCULATION: 2800
 (July/August: 3000)

On the web at www.metchosinmuse.ca

Visit our website! www.metchosinmuse.ca

The *Muse* website provides a quick way to access Metchosin's monthly newspaper, and it allows those with vision challenges to magnify the .pdf files to a comfortable reading size.

The current issue and issues from the past year are there, along with contact information and information for submissions, advertisers, and deadlines.

Muse Subscriptions

We can mail the *Muse* to you each month for \$25 a year if it is to be posted to a Canadian address. Please send your information and cheque to the Head of our Subscriptions Department:

Joan Bradley
 10 Bradene Road
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Or you can email us at metmuse@shaw.ca



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 Deadline: 15th of each month.
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Remembrance Day Community March

SHELLY DONALDSON

Please join our community in the annual Remembrance Day march on November 11. We will gather behind the Metchosin Fire Hall at 10:30 am and form a line behind the colour party and uniforms. We depart at 10:45 am and march through the village toward the St. Mary the Virgin Cenotaph on Metchosin Road. The service starts at 11:00 am. If you have a wreath to lay, or a poem or song to recite, please contact us and we will be sure to put you on the itinerary.

Please park in the Municipal Hall parking lot or the Farmers' Market. Do not park behind or beside the Fire Hall as these spaces are reserved for volunteer firefighters should there be an incident.

Metchosin Road will be closed between Pears Road and Happy Valley Road, and Happy Valley Road will be closed between Metchosin Road and Rocky Point Road, during the march. Upon our return march to the Fire Hall, you are invited to stay for refreshments provided by the local 14th Juan de Fuca Scout Group.

Everyone is welcome! For more information or if you are interested in laying a wreath, please contact Shelly at 250-474-7303.

Letters to the Editor

The *Metchosin Muse* welcomes letters to the editor, of not more than 200 words. Your letter may be edited for editorial style or length. Please email your letter to metmuse@shaw.ca, or leave it at the Metchosin Country Store. Please sign your letter. An address and telephone number are required but will not be published.

Got feedback?
 You can contact the *Muse* team by sending email to metmuse@shaw.ca.

Another Pomological Success

JOAN KEW

Braving the wind, rain, and power outages, about two dozen people attended the Metchosin Pomological Society's Old Growth Orchard Cyclefest on October 15. I don't think any one of us was daring enough to bring a bicycle; there was an unspoken agreement to leave them at home in the hopes that the event would move indoors, which, thankfully, it did.

Johnny Papuc had a great display of many apple varieties to be found in Metchosin, with samples to taste. Will O'Connell pressed juice with the help of Rowan and Theresa Kew. Dan O'Connell supplied pies and crumble made by the Royal Bay Bakery and the Sooke Artisan Bakery. Derek Wulff created a map of the old orchards in Metchosin, which could be a great resource for local pomological enthusiasts. The rest of us just had fun!

During the afternoon, the "core" group headed off to Weir Orchard to plant a new sapling, made from the graft of a now-expired heritage apple tree from that same orchard. Those remaining at



Pies to the left of me, crumbles to the right; here I am, stuck in the middle with juice ...
 Joan Kew photo

the Community House juiced apples, and got on with the business of discussing and tasting various apples and baked goods.

Pies, crumbles, and freshly squeezed juices – each from individual apples – were enjoyed by all, at least initially. After testing and rating the baked goods, the phrase "apple coma" was mentioned.

I think we were all too full of apples to figure out which of them tasted the best in which food item – they were all delicious! Despite having no appetite by the end of the event, nobody complained when they were begged to take leftovers home.

An Apple-Bee Festival is being planned for Fall 2017. Watch the *Muse* for details.



Dan O'Connell and other apple enthusiasts plant a new sapling at Weir Orchard.

Brian Domney photo

Adriana Josephina (Jean) van der Wereld

September 11, 1929–September 27, 2016

ANNE VAN DER WERELD

Our beloved wife, mother, Oma, and Great Oma passed away peacefully at home surrounded by loved ones, and was laid to rest on October 8. Jean was born in the Netherlands and immigrated to Canada in 1952, just two weeks after marrying Johannes (John), her husband of 64 years. She was a long-time resident of Metchosin and, as a Catholic, faithfully attended Our Lady of the Rosary Parish in Langford, but also St. Thomas Church on Rocky Point Road in Metchosin in the early days. Jean had a passion for quilting, crafting, propagating plants, and above all, her family.

Baptized Adriana, she was known as Sjaan to her family in Holland, and as Jean here in Canada. The second child of twelve, Jean contracted polio at just eleven months old. A partially paralyzed left arm and hand never stopped her from doing the things that every child loves. Her mother told her that she would never be able to ride a bicycle. One of Jean's proudest moments was at the age of seven, when her older brother secretly taught her how to ride. At the age of eleven, Jean saw the struggles of World War Two. Although times were far from easy, she felt fortunate for what her family had.

While attending dance lessons Jean met John, and after a four-year courtship they decided it was time to marry. Jean described her happiest moment as being May 28, 1952 when she and John were married. A shortage of housing after the war sparked their decision to emigrate, and two weeks later the couple embarked on their voyage.

After five days at sea, and another five on a train travelling across Canada, they arrived in Victoria. John started work at Brown's Nursery, then moved to the Oak Bay Beach Hotel Farm in Metchosin. After two years at the farm, they moved down the road to work for Ben Nikkels on his chicken farm. In 1957, Jean and John were able to purchase the Oak Bay Beach Hotel Farm and returned to Metchosin with their young family.



Jean with children Elly, Anne, and Tony.

Jean was kept busy with nine children, numerous pets, a huge vegetable and flower garden, and sewing most of the family's clothing. Every meal was home made and home grown. She canned hundreds of jars of pears, applesauce, and blackberry jam every year.

Pregnant with her seventh child at 33, Jean found out she had thyroid cancer. On the morning of the surgery, John was told that Jean had only a 50% chance of surviving. She did not know that, and with her usual strength came through the surgery.

Jean was an active member of the Women's Auxiliary at the Metchosin Fire Hall where John was a firefighter and later chief. This was her opportunity to be social, and the women had important duties, including preparing and serving the community dinners at Metchosin Hall, and the lamb and salmon BBQ for Metchosin Day. On occasions when the firefighters were out for long stretches, Jean was part of the team that prepared sandwiches and coffee for them.



Jean van der Wereld Ina van der Wereld photo

At the end of 1987, Jean and John retired to Colwood, where they had more time to devote to hobbies. She loved starting plants from seeds or cuttings, and was enthusiastic about growing orchids. She tried almost any craft there was. Already an expert seamstress and knitter, she took up quilting and cardmaking. Once digital cameras came out, she always had hers at hand.

Jean loved island driving trips with John and her children, especially to the west coast beaches. In the early days, the road to Port Renfrew wasn't much more than a gravel track, and when it was possible to drive through to Cowichan, it was a must-do trip. Over the years the route improved, and visitors from the Netherlands always got the tour. This spring as Jean's illness was becoming apparent, she wasn't feeling up to much but she jumped at the suggestion to drive that same old route via Port Renfrew and Cowichan with daughters Annie and Debbie.

Although owning a computer for several years, Jean only connected to the internet about five years ago. Using Facebook and Skype suddenly brought her in closer touch with her family in Holland. She was able to have a strong connection with them through photographs and chatting online. She loved using technology to keep in touch with her grandchildren via video chats as they travelled throughout the world.

Another happiness in life was her grandchildren and great grandchildren. She welcomed each with joy, and loved visits, as well as seeing photos and videos online. In her last few months she was thrilled to make two baby quilts for the latest family members.

When asked to describe her life, she said, "My life is not very interesting." Her family disagrees. If they had to describe her in one word it would be strong. She was strong of heart, strong of body, strong of mind, and strong of faith.

When the end came for Jean, it was just as she'd wanted it: at home with her family. The day she passed away was a beautiful, sunny autumn day. There was a gentle breeze coming in through the open window beside her bed. John was with her, along with some of her children, grandchildren, and great grandchildren. It was, as always, a full house.

Jean will be lovingly remembered by her husband John, their nine children, 18 grandchildren, and seven great grandchildren.

Know any interesting
residents of Metchosin?
Submit a story about them
to the *Muse*!

TALK AND WALK

Unless otherwise noted, all talks take place at 7:00 pm at the Municipal Hall, 4450 Happy Valley Road, behind the Fire Hall.



Lion's Mane mushroom

Photo submitted by Carol Carman

MYCOBLITZ! – Friday, November 4

Our fourth annual MycoBlitz will start off with a presentation by one of our favourite speakers, Britt Bunyard, mycologist, and editor and publisher of *Fungi Magazine*. "Mushroom stones to stoned apes: the origins of the fungi!" will be an overview of fungi and what we know and don't know about the origins of the Fifth Kingdom, with brand-spanking new, game-changing insight!

MycoBlitz forays! – Saturday, November 5: 9:00 am at the Municipal Hall. Join the formidably fabulous though not fashion-forward fungi fanatics as we neither fumble nor fail while we frolic through forests in the frenzied finding of fungi.

At 12:30 pm we will reconvene at the Community House for the first public Metchosin showing of the old 1963 Japanese horror classic *Matango*, aka *Attack of the Mushroom People*, as we let the experts sort and identify the treasure trove of fungal species. Popcorn will be provided. The big reveal will take place around 2:00 pm back at the Municipal Hall.

See page 9 for more information about the MycoBlitz event and the Metchosin Foundation.

Contact moraleamilne@gmail.com for further information about these programs.



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Who Says Baking Has to Be Hard Work!

NICOLE LALONDE

The rainy and windy weather heralds the arrival of fall and the much-anticipated mincemeat pie fundraiser at the MCA. Once again David Groves and Gwen Snyder of Royal Bay Bakery will be donating their precious time and expertise in making the pie crusts with a group of MCA volunteers.

This year a bountiful crop of apples was picked and donated by Jayce and Matty Tenove, newly arrived from Edmonton, and from Heather Showers and Werner Faust. The apples were cut and sauced and will be added to the mince, ready for assembly on November 19 by a group of dedicated volunteers.

Pies will be frozen, ready to be baked, and can be ordered from the Community House at 250-478-5155 or email mcahouse@telus.net. There is a limited number of pies to be

sold for \$12/each. They will be available for pick up at the House, 4430 Happy Valley Road, starting Monday, November 21 until sold. Evening pick up for pre-orders will be Wednesday, December 7, 5:00-8:00 pm.

Place your order early if you wish to fill your house with the delicious smell of Christmas baking while avoiding all the hard work!

Right: Heather Showers and Linda Hemus having a blast preparing pies just for you!



Mairi Mackinnon, Wendy Turner, and Richard and Dorothy Boisvert lend their special creative touch to the mince pies.



FALL SHOW 2016

Stinking Fish



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COUNCIL NEWS NOVEMBER 2016



WINTER ROADS

Please remember that ice control and snow plough service is provided on a priority route basis with Happy Valley, Metchosin, William Head, Rocky Point and Kangaroo Roads being top priority. Next are school bus and BC Transit routes, followed by all other roads.

HELP US AND BE PREPARED

- Equip your vehicles with good winter tires, carry chains. All-season tires lose their pliability and traction at 7° Celsius.
- Avoid parking vehicles on the road or paved shoulders at all times during the winter. Clear snow from your driveway to allow for parking. Roads with vehicles parked on them may not be plowed.
- Clear snow to the left side of your driveway (facing in) where it meets the road to minimize the amount of snow pushed back into your driveway when the ploughs pass.
- If you have an urgent medical appointment or are a medical professional needing to get to work, call the Emergency Program Coordinator at the Metchosin Fire Hall at 250-478-1307; or after hours, call the Langford dispatch at 250-478-9555 and ask for the Metchosin duty officer to be paged.

IS YOUR CIVIC ADDRESS VISIBLE?

Help emergency services find your home in the dark months of winter by making your civic address sign visible from the roadway. The best signs have large reflective numbers. Be sure that trees, brush, snow and other obstructions are cleared away.

IT'S TIME TO RENEW YOUR BUSINESS LICENCE

Businesses should have received their renewal notices in the mail for the 2016 business licence year (Nov. to Oct.). Every business operating in Metchosin, including home-based businesses, requires a business licence. Metchosin also participates in a regional intermunicipal business licence scheme so that businesses such as contractors and mobile sales based in Metchosin only need one licence to operate in the region.

DISTRICT OF METCHOSIN MEETING SCHEDULE – NOVEMBER 2016


Below are the meeting dates and times for the upcoming month. Meetings are held in the Council Chambers unless otherwise stated.

Healthy Communities Advisory Committee (HCAC)	Nov 2, 7:00 pm	Parks and Trails Advisory Committee (PTASC)	Nov 15, 7:00 pm
Council Meeting	Nov 7, 7:00 pm	Environmental Advisory Committee (MEASC)	Nov 22, 7:00 pm
Finance and Environment Committee	Nov 7, 7:00 pm	Heritage Advisory Committee (HASC)	Nov 23, 7:00 pm
Planning, Parks and Highways and PW Committees	Nov 21, 7:00 pm	Council Meeting	Nov 28, 7:00 pm

Meetings are subject to change; for updated information, please call the district office at 250-474-3167 or refer to the website at www.district.metchosin.bc.ca. Thank you.

Metchosin Municipal Hall | www.metchosin.ca | 250-474-3167 | info@metchosin.ca

WHEN YOU LAST THOUGHT ABOUT YOUR WILL,
WAS THIS MAN STILL GOVERNOR?



Richard Blanshard

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SIRC: SENIORS' INFORMATION AND RESOURCE CENTRE

SIRC AGM November 15

Please join us on Tuesday, November 15 from 2:00 to 4:00 pm at the Metchosin Community House for the SIRC annual general meeting. Our guest speaker will be Chris Pratt, recognized at Metchosin Day as Metchosin's Citizen of the Year. Refreshments will be served and the winning ticket for the gourmet dinner will be drawn.

Win a gourmet dinner for eight

Don't miss the chance to buy a ticket for this popular SIRC fundraiser – a delicious dinner for eight of your friends or family. Tickets are only \$20 and are available at SIRC. Volunteers will also be selling tickets during the Flu Vaccinations on November 2, 3, and 7.



Russ Fuoco and Star Weiss selling tickets for the Gourmet Dinner at Metchosin Day.

Protect yourself from the flu

Plan to stop by the Metchosin Fire Department on Wednesday, November 2 or Thursday, November 3 from 10:00 am–12:00 pm and 4:30–8:30 pm and on Monday, November 7 from 4:30–8:30 pm for your flu shot. No appointment necessary. These vaccinations are being offered by SIRC in co-operation with Latoria Pharmacy IDA and the Metchosin Fire Department.

We would love to have your help

SIRC is looking for volunteers to help out at the centre and with driving seniors to appointments or to special events. Stop by or call 250-478-5150 for more information.

On October 12, five members of SIRC enjoyed a most successful outing to Victoria Ballet's Tea and Tutus performance that featured adaptations of ballet to rock music.

Ongoing at SIRC

- **Open Access Computer Learning Lab**, 1:30–3:00 pm, Tuesdays, Thursdays, and Fridays and 4:00–7:00 pm on Wednesdays or by appointment
- **Mahjong** will now be on Mondays, 10:00 am–12:00 noon.
- Our next monthly Tech-Talk, **EGifts and Online Shopping** will be on Wednesday, November 30, 7:00–8:30 pm, just in time for holiday shopping.

Coming up at SIRC in 2017

- Medication Review, Thursday, January 19, 2017
- Nexgen Hearing Test, Thursday, February 16, 2017
- Tetanus Booster, Thursday, March 16, 2017

For more information, please call SIRC, 250-478-5150.

SIRC LOCATION

4495 Happy Valley Road (the former Metchosin Elementary School)
Telephone: 250-478-5150 | Email: msirc@shaw.ca
Website: www.metchosin seniors.ca

FALL HOURS OF OPERATION

Tuesday and Thursday, 10:00 am–3:00 pm
Wednesday, 1:00–3:00 pm and 4:00–7:00 pm
Friday, 1:00–3:00 pm
Saturday through Monday: CLOSED
Coordinator: Dawn Boshcoff

Seniors, nearly seniors, and their families are welcome to join. An individual lifetime membership is only \$10.



Exotic Botanical Oils Workshop

Tuesday, November 22, 7:00 pm at our studio, 4495 Happy Valley Road, Metchosin Arts and Cultural Centre (Old Metchosin School)

Cost: \$1 donation to Soap for Hope, Disaster Aid Canada
To attend, please sign up online at www.MetchosinSoapWorks.com

Learn to Make Soap!

Every Wednesday and Thursday night we offer lessons on how to make soap from start to finish. You then have the opportunity to design and create your own handcrafted soap.

The cost is \$75 plus GST. You will take home 4 lbs of soap that cut into 18 one-inch bars. We offer a 2-for-1 special: bring a friend for FREE and share the soap – split the cost and it is less than \$39 each!

To register, sign up at www.MetchosinSoapWorks.com, click on "Learn 2 Make Soap," or call 250-857-4677.



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Craft Fair and Bake Sale at the Community House

On November 22 from 10:00 am to 2:00 pm, the Art Drop-In Group and the Knitting Café will be hosting a craft fair with a bake table at the Metchosin Community House.

The proceeds from the bake table will go towards MCA. We might have a Christmas singalong as well. We hope that you will join us for a fun day. For further information, contact Arlene Welch at 250-391-7905, or by email to lynnaarlenewelch@gmail.com.



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The Rural Gardener

by Isabel Tipton

You will, of course, have put the garden to bed, the tools washed and oiled in the shed, all hoses rolled and in shelter, and the leaves all raked. You haven't? This is meant to be ironic, as about all we have accomplished so far is to bring in the timers, remove the batteries and return them to their boxes. Carry on and do what you can.

This will be my last column before Christmas, so I thought I would address the forcing of bulbs for decoration and gifts. I did a column on this once before, many years ago now. I can't even find it!

Buy good looking, as large as available, bulbs, and plant them in pots. I use a good indoor potting soil and a dash of bonemeal. "They" say bulbs are worn out with being forced and should be discarded. I plant them out, and most survive just fine. Forcing a second time, except for the very forgiving Amaryllis, is not worthwhile. Water well and put the pots in a cold dark place. I generally bury them in a compost bin filled with leaves. Human memory being what it is, write on the calendar the date that they should be brought into a cool light place. My pots spend time in an unheated but bright entry. When they show growth, move them to a warmer area.

Some hyacinths and the ubiquitous Paperwhite narcissi are already prepared for forcing, so they do not require the chilling. I follow the method of Thomas Hobbs, the Vancouver florist. He uses a deep glass container, puts the usual pebbles on the bottom, water to half way up the pebbles, and then carefully places his bulbs and dry lichen-covered branches which support the bulb stems as they grow. No more Paperwhites

falling over in a shallow container. The benefit of living where we do is that you can always find some dead branches to suit your taste.

You can sometimes find a Hyacinth vase, a glass tube with a shallow bowl built in at the top, so the bulb sits just above the water. Children are interested in watching the root growth.

Some of you will remember the TV show "The Victorian Gardener." He forced Lily of the Valley *Convallaria Majalis* in a cone shape for bloom at Christmas. The lily of the valley was also used as the floral emblem of Yugoslavia and is the national flower of Finland. A warning to you if you plan on playing with them, all parts of the plant are poisonous, even the water they are in, so if you have a toddler or a cat that eats everything, forego the Lily of the Valley.

Toxicity is the plant's defense against animals eating its seeds. All parts of the plant – the stems, the leaves, the flowers, and the berries – are extremely poisonous and close to 40 different cardiac glycosides have been found in the plant so far.

They are not on the Netherlands Bulb Council's list which follows, possibly because of the poisonous qualities, so here is the Victorian method. They used pips from the garden. Now it is the fashion to buy them as they are usually larger. (By the way, they are horticulturally pips rather than bulbs). 15 pips to a ten-inch shallow bulb pan, and just let them do their thing, coolish bright surroundings, water as needed, and in about four weeks you should have the lovely little blossoms and the scent of spring.

This is another of the things I am really going to do

this year. Really. If you insist on the cone, a chicken wire shape filled with good soil and compost could be used. You might have to water with a mister until the roots are spread enough to hold the soil for using a watering can. Possibly just putting the pot out in the rain would work. If I actually get around to doing this, I will report back. I have not been able to locate pips for sale, so will have to dig up my own.

Do try forcing a pot or two; we need the sight and smell of flowers in winter.

Two more tidbits for you – I have told you before about the flower arrangers' "Cheerful Charlie." This is a salmon or cat food can, painted or wrapped with ribbon, filled with a piece of Oasis, the water-absorbing cut bloom stabilizer sold at Michaels, and probably other places. Be sure to get Oasis, the one for cut blooms, not Sahara, the one for dried materials. It takes very little material to fill the container, fresh evergreens or holly and a very few flowers. These make wonderful small gifts for teachers, neighbours, and most particularly shut-ins or city apartment dwellers. Use a bit of Grand fir for scent. Be sure to soak the Oasis well; even the instant variety needs a soak.

If you have a steel door and wish to hang a wreath, for less than \$10, magnets are available, and they say they hold fairly heavy wreaths. A hook-type hanger will work on one of my doors, but not on the other, so I may invest in a magnet.

Do have a wonderful holiday season, whatever you celebrate. Drive safely, and be prepared for power outages! See you in 2017.

Bulb Forcing Timetable

NAME OF BULB	WEEKS OF COLD	WEEKS TO BLOOM
<i>Amaryllis/Hippeastrum</i>	none	6 to 8
<i>Chionodoxa luciliae</i>	15	2-3
<i>Crocus chrysanthus</i>	15	2-3
<i>Crocus vernus</i>	15	2
<i>Eranthis hyemalis</i>	15	2
<i>Fritillaria meleagris</i>	15	3
<i>Galanthus nivalis</i>	15	2
<i>Hyacinth</i>	prepared 10-12; unprepared 11-14	2-3
<i>Iris danfordiae</i>	15	2-3
<i>Iris reticulata</i>	15	2-3
<i>Muscari armeniacum</i>	13-15	2-3
<i>Muscari botryoides alba</i>	14-15	2-3
<i>Narcissus</i>	15-17	2-3
<i>Narcissus tazetta (paperwhites)</i>	none	3-5
<i>Narcissus tazetta orientalis</i>	none	3-5
<i>Scilla tubergeniana</i>	12-15	2-3
<i>Scilla siberica</i>	15	2-3
<i>Tulipa</i>	14-20	2-3



We look forward to continuing to help constituents with federal government departments, programs and services.



Randall Garrison, MP ESQUIMALT-SAANICH-SOOKE
 Critic for Public Safety and Emergency Preparedness, National Defence, LGBTQ Issues

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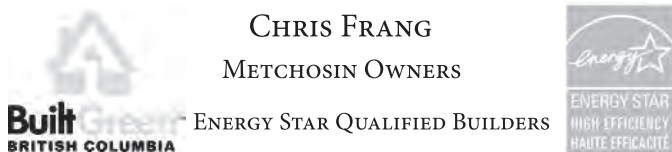


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Short-eared Owl Gets a Lucky Break at Wild ARC

HEATHER SCHMITT

The change in weather and the tumble of autumn leaves typically means the start of injured owl season at BC SPCA Wild ARC, with a higher number of these night-time hunters arriving in need of care. As the days get shorter, folks tend to head to work and return home at dusk or in the dark. Nocturnal animals like owls are also active at these times, often hunting near roadsides for the small rodents like mice and shrews that make up the majority of their diet. As a result, they are at higher risk from vehicle collisions at this time of the season, and Wild ARC sees a dramatic rise in the number of owls admitted with car collision injuries.

However, even "the usual" can sometimes bring the unusual at the wildlife rehabilitation centre! On October 2, Wild ARC was called to help an owl that was spotted in a roadside ditch near the new Royal Bay development. Expecting to find either a Barred Owl or a Great Horned Owl (the most common residents in this area), the rehabilitation team was surprised to discover a Short-eared Owl – a rare patient for the wildlife hospital. Somewhat odd in the owl family, Short-eared Owls hunt during both day and night, using their sight as well as their hearing to track small rodents in open fields and disturbed habitats.

When the team was able to examine the owl, they found that the cause of her distress was a broken wing. Two of the bones (her radius and ulna) were badly fractured, rendering her unable to fly. This was likely the result of being hit by a car, either as she swooped down to catch her dinner, or as she landed on the roadside. After taking x-rays to confirm the extent of the damage, Wild ARC staff consulted with local veterinarian Dr. Petra Warnock at Elk Lake Veterinary Hospital to see if surgical repair would be possible. She felt optimistic about the bird's chances, and volunteered her time to pin the wing, stabilizing the break and giving it a chance to heal.

While the prognosis is good for this striking owl, she represents just one of many cases treated every year at Wild ARC. Each of these



Sometimes it is better to be lucky than wise.

wild patients has a story as unique as this Short-eared Owl's, and requires the same specialized expertise and dedicated care to have a chance at recovery. Wild ARC relies on strong community support to be able to help so many wild animals, and their Fall for Wildlife Dinner Auction on November 12 offers an exciting opportunity to support their work.

"We are eagerly anticipating this event," says organizer Sharon Burkmar. "The combination of a great meal and wonderful supporters, paired with a wide variety of items to bid on, makes this an evening not to be missed." The event features a keynote presentation by award-winning photographer and author Ian McAllister of Pacific Wild and the witty repartee of the *Times Colonist's* Jack Knox as MC, promising to make it a night to remember. Tickets are available at www.sPCA.bc.ca/fallforwildlife – reserve yours today.

See the Muse online!

<http://www.metchosinmuse.ca>

Creating a Native Plant Garden from Design to Maintenance with Louise Goulet

Metchosin Garden Club Meeting: Creating a Native Plant Garden

Speaker: Louise Goulet
Wednesday, November 2,
7:30 pm at the Metchosin
Community House

JUDITH VAN MANEN

Believe me: our next and final Metchosin Garden Club meeting of 2016 with speaker Dr. Louise Goulet is one not to be missed! Whether you are interested in creating one small bed devoted to native plants or in designing an entire garden featuring native plants, Louise will guide and direct you in these endeavours as only a true expert can do.

I have seen Louise's Power-Point presentation. It is filled with colour and gasp-eliciting photos of native trees, shrubs, perennial grasses, evergreen forbs, ground covers, bulbs, perennials, and annuals in all their glory! We will be enticed to forage construction sites, friends' gardens, and salvage

sites in the wilderness to recover some of these remarkable plants. And Louise will explain how to do this so the newly found plants actually survive.

Dr. Louise Goulet is a biologist with over 35 years of experience in several fields. Between 1970 and 1985, she conducted wildlife surveys in northern Québec, the Mackenzie Delta, and across British Columbia and Alberta, and she completed her PhD in wildlife biology at Simon Fraser University. Louise's record of accomplishments is most impressive, such as serving as the Director of the BC Ecological Reserves Program, where she was responsible for the creation and management of new parks and ecological reserves. At a local community level, Louise helped to establish native plant gardens at the Parks Canada office, in Oak Bay, and in Uplands Park.

Since 2010, Louise has been involved in Garry Oak ecosystems-related initiatives,

as a volunteer and consultant. She has salvaged plants to build her own garden with more than 180 native species. Louise has helped private owners and community groups to create their own native gardens, and each year contributes native plants and seeds from her own garden to support the restoration of protected native areas. It would be fair to say that Louise has a passion for conservation.

Her talk on Wednesday evening will specifically feature garden design, evergreens in the hardscape, plants that bloom later and longer, and salvaging native plants. Because Louise has such vast personal experience with native plants, she has created a famous list: "Things to Do or Not to Do for Creating and Maintaining a Native Garden." Louise says that she has discovered many of these do's and don'ts herself or has heard about them from others, and she will treat us to a few of these mistakes at our meeting.



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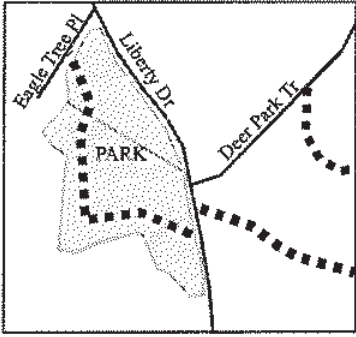
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Tell them you saw it in the *Muse!*

Take a Hike!

This trail map is from the Metchosin Parks and Trails brochure on the District of Metchosin website. To find more trails, please visit: <http://district.metchosin.bc.ca/content/parks-and-trails>

Buckbrush Swamp Trail



Easy trail loop, suitable for all users. Access from Liberty Drive & Eagle Tree Place.

Metchosin Fire Chief to Judge International Competition



Above: Chief Dunlop oversees fire department extrication drill.

BOB BURGIS

If you are like me, you've wondered at the collection of vehicles that appear at the Fire Hall which, a few days later, are dismembered wrecks, scattered along the concrete apron. I've since learned that our fire department is renowned for their ability to safely extract a trapped victim in a traffic accident. Furthermore, our Metchosin Fire Chief went to Curitiba, Brazil from October 19 to 23 as one of the 15 internationally recognized judges for the World Rescue Organization (WRO) international extrication challenge.

The training to become a judge at this level is rigorous – attending training sessions for apprentices, and then shadowing judging at challenge competitions. The shadow judges assess teams during the competition, and provide feedback to the teams on their performance. They critique the apprentices' grading of the event and offer constructive feedback to help the apprentices improve to the level where they can reliably judge an event. The competition to reach the level of international judge is intense. Furthermore, the judges receive no compensation or expenses – they rely on support from their home districts and countries.

The competition in Brazil had 15 international judges, and only one from Canada: Metchosin's Fire Chief, Stephanie Dunlop – the only female judge at the event!

Stephanie started competing with Transport Emergency Rescue Committee (TERC) Canada almost 20 years ago as a medic for the Metchosin Fire Department Extrication Team, competing provincially and nationally. She consistently took the award of Top Medic both in regional and national competitions. Stephanie was invited to begin the process of becoming a judge, where she began training to understand how to judge these events, and went on to judge at the provincial levels, earning the credentials to judge the national events. She finally gained enough experience, skill, and knowledge to be accepted as an internationally recognized judge this June. Stephanie made the trip at her own expense, without sponsors to help defray costs.

The international competition has been running for 25 years and

virtually every country sends a national team to the WRO competitions. In Canada and the US, the competitions are run by TERC. For 20 years Metchosin has had a team that is renowned and respected for their ability, representing Canada at the Prague world extrication competition.

The competition simulates an accident scene – the scenario is screened to ensure each team approaches the event with no idea of what they are going to encounter. Many of the teams are co-ed and consist of six members – the incident commander, a medic and four others working on the tools. The team has 20 minutes to extract the victim from the wreck safely, taking into consideration such medical possibilities as spinal injury, bleeding, and fractures. The objective is to safely extract the victim quickly while ensuring they don't suffer injuries during the rescue. Each team faces two different accident scenarios.

There are three judges for each pit, and each one is assigned to monitor an individual team member: one watches the incident command, one watches the medic, and the remaining one watches the members handling the extrication tools.

So, if you are involved in a traffic accident, injured and unable to get out of the vehicle, don't panic! You will be in good hands. Our Metchosin rescue team will get you out of the wreck quickly and safely and deliver you to the waiting emergency responders and medics.

The Metchosin Community Association is inviting Stephanie, on her return from Brazil, to share her experiences with the community in a talk at the Community House, at a date to be determined. This will be a free event but there will be a donation jar for anyone who wishes to assist Stephanie in defraying the expenses she is incurring as part of her continued dedication to being a first-class emergency responder serving this community. If anyone wishes to make a donation ahead of time, please bring or send this to the Community House in an envelope marked "Fire Chief." The MCA will ensure that Stephanie receives all the help the community provides.

For more information about TERC, visit <http://terccanada.ca/about-terc-canada/>.

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METCHOSIN VOLUNTEERS

APRM: Association for the Protection of Rural Metchosin

JIM MACPHERSON

The APRM is one of Metchosin's older volunteer groups. It was registered in 1993 when a group of Metchosin residents organized in response to proposals for Metchosin's first OCP revision. This also coincided with the preparation of the Capital Regional District's first Regional Growth Strategy.

The association's approximately 150 members represent a cross-section of Metchosin's population who are prepared to put their money and, in many cases, efforts, into preserving what we have. Day-to-day affairs are conducted by an executive. All directors are volunteers, including one who manages the group's Facebook page.

Registered as a non-profit society, the APRM has long been involved in doing research and advocating for protection of Metchosin's rural nature and environmental health in a rapidly urbanizing region. Some volunteers monitor council meetings, others bring forward issues for consideration by the group, and still others undertake research on, for example, how other municipalities have approached particular issues.

Members have been particularly concerned to ensure that Metchosin follows the Official Community Plan, and that OCP revisions and bylaw and rezoning proposals are consistent with the intent of the plan.

The APRM believes the Agricultural Land Reserve (ALR) and farming are the core of rural Metchosin. It therefore supports policies that preserve the ALR lands and encourage farming in the community. It has consistently opposed removal of agricultural lands from the ALR believing that, given environmental and population pressures today, local food production deserves a higher priority.

Another focus has been limiting development to "rural" levels. APRM volunteers helped to galvanize opposition to the Centre Mountain proposal a few years ago, which would have required changes to the OCP to allow more extensive residential development. More recently, the APRM has expressed support in principle for the recent proposal that part of the Centre Mountain lands be transferred to Langford in return for ensuring that other lands in Metchosin would

be preserved as green space. (This proposal was more fully described in the October *Muse*). All of this is part of larger treaty negotiations. The APRM is awaiting further details on the proposal before it commits to further support of the proposal.

APRM has not always succeeded. While it has always supported attached secondary suites, it opposed detached suites on the grounds that weak enforcement would lead to an increase in the numbers of families per lot, and create pressures for more future subdivisions. The final bylaw provisions for detached suites may reduce this threat. More recently, the association's support for the requirement that the Tower Point development include the dedication of waterfront land as park to allow for the completion of the waterfront trail to Duke Road was rejected by Metchosin Council.

The largest failure has been the inability to secure improvements in the effectiveness or transparency of land use bylaw enforcement.

Maintaining Metchosin's rural ambience is heavily affected by actions in neighbouring municipalities and the Capital Regional District.

APRM has therefore devoted a lot of effort to the Regional Growth Strategy, especially to contain urban sprawl. APRM has also opposed Langford's ALR exclusions, made extensive suggestions on plans for Colwood's Royal Bay development and on regional water planning and administration. APRM also supported consideration of amalgamation of Metchosin with East Sooke, which was deferred pending completion of the treaty negotiations.

APRM is non-political in the sense that it does not support specific election candidates. Members who run must resign. They can rejoin only if they lose! As a community organization, the APRM has sponsored the all-candidates meetings at civic election times and provides and circulates records of municipal council and committee meetings to members and other residents.

Metchosin is largely "built out" to current OCP targets and, with so much development opportunity in neighbouring municipalities, there have been few major recent efforts for more subdivisions. But this can change. The APRM continues to monitor

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events, such as the current Regional Growth Strategy Review and rezoning applications, and to provide a vehicle for community action should members decide that is required.

Further information on the Association for the Protection of Rural Metchosin is available at www.facebook.com/Metchosin-APRM-213528592158575/info.

Meet Your Local Mushrooms

CAROL CARMAN

Please join us on Saturday, November 5 for the third annual Metchosin MycoBlitz (see Talk and Walk on page 3 for more details).

Sponsored by the Metchosin Foundation, the MycoBlitz brings together experts, amateurs and enthusiasts to inventory Metchosin's vast array of fungal species – to date we have identified over 400 species!

The Metchosin Foundation is partnering with Habitat Acquisition Trust to celebrate HAT's 20th anniversary on November 8 at 7:00 pm. The sold-out festivities are being held at Glenrosa Farm Restaurant on Rocky Point Road, and will include live music, and local and foraged canapes. Please check their website now for the silent auction featuring over 25 lots of handcrafted goods, gift baskets and experiences: hatbc2016.elfea.ca. All funds raised support habitat protection in our region.

The Metchosin Foundation's mandate since 2007 has been to support healthy lands, healthy waters, and a healthy caring community. Over this time, we have worked with community members and HAT to raise funds to establish conservation covenants that protect in perpetuity ecological communities, and flora and fauna unique to our region. That work is ongoing on acreage around Humpback Road, for which we hope to be making an announcement soon. As well, Metchosin has been selected as a focus of HAT's Good Neighbours Program. Together, the two organizations will be working with shoreline property owners in Metchosin who may wish to learn more about stewardship of their shorelines or to voluntarily place covenants on their ecologically significant lands. The Metchosin Foundation is also working with local schools to support classroom teachers who would like to include innovative projects and experiences for students, to familiarize them with the ecology of the unique and rare species and ecosystems of our region.



Orange peel fungus

The 2016 BioBlitz was another example of outreach to all ages of our community. In April we partnered with CRD Parks to host Metchosin Biodiversity Day, with knowledgeable experts leading walks throughout Witty's Lagoon Park. In May a number of scientists convened at both the Albert Head DND property and the William Head Institution lands in surveys that built Metchosin's database to over 2300 species. These annual events are made possible through the generous donation of time and expertise of many botanists, ecologists, mycologists, entomologists, zoologists, marine scientists, and many amateur sleuths, as well as the partnerships with the Metchosin District, CRD Parks, the Victoria Natural History Society, and local businesses. Plans for spring 2017 are already underway to welcome even more members of our community to this celebration of our communities' biological diversity. Metchosin can boast that we have BC's second longest-running annual BioBlitz; only Whistler's is larger.

The Metchosin Foundation is a registered charity. Charitable BN/Registration #81576 1556 RR0001. Your kind donations are tax deductible. For further information, please see our website at www.metchosinfoundation.ca.

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“To the End of the Town Without You, Darling”: An Evening With A.A. Milne

An Evening with A.A. Milne

Sunday, November 20 at 7:00 pm at the new St. Mary's Anglican Church. Tickets, to cover costs, are \$15 and can be purchased at the door.

SHANNON CARMAN

A concert version of a musical that was conceived and written in Metchosin 30 years ago, and performed at theatres in Vancouver and Victoria, will be sung in concert on Sunday, November 20 at St. Mary's Church. The music is written by Metchosinite Milton Carman but the lyrics are predominantly those of A.A. Milne.

The story of the musical began some 30 years ago when Milton and Carol Carman arrived in Metchosin from New Zealand, having just spent six years on the south island living on a beautiful, remote beach. Between writing various screenplays, novels, and short stories, they took turns working at different jobs, while the other parent stayed at home to take care of their eldest daughter, Tara.

For Milton, this was his first time being an “at home” dad, and he found that he enjoyed it immensely. He took special pleasure in reading little Tara children's stories and verse that he had never encountered in his

own childhood, including the works of one A.A. Milne. He found himself enchanted by these poems and was surprised by Milne's insight into children's minds and imaginations.

Having previously composed two musicals and a film score in Toronto, Milton began putting some of Milne's poems to music, first on a guitar (being the only instrument he had access to in rural New Zealand) and then, after moving back to Canada, on a piano. He and Carol discovered, while studying the background of the poems, that while Milne wrote whimsically about the world of children, his relationship with son Christopher Robin was, in fact, one of sadness and alienation. Unfortunately, Milne died still estranged from his son.

While weaving the poems together, Carol and Milton discovered there was a poignant story hidden away in them. Upon meeting one of their new Metchosin neighbours, poet Rona Murray, the three decided to collaborate in writing a libretto for a show based on the poems: a musical that told the story of A.A. Milne and his son, Christopher Robin, among others. They tentatively titled the show after a line from the poem, “Disobedience”: “To the end of the town without you, darling.”

In subsequent years, the musical evolved and

changed. Productions on the Lower Mainland and here in Victoria were mounted but the Milne poems were unable to meet all the needs of the emerging storyline.

Fortunately, a writer (and BC government agronomist) by the name of Larry Bomford was found who had an uncanny knack for being able to write Milne-like lyrics, and who wrote songs to fill in the gaps in the story. By the time the last performance took place in 2004, no Milne songs remained in the score.

Twelve years went by, and while Milton Carman was re-organizing his studio in 2016, he came across the original score of the show. He reminisced with his younger daughter, Shannon, who was involved in the last production and who had grown up singing the songs, about how fanciful and engaging the originals were, and what a shame it was that so many had been cut right out of the later versions of the show. The two decided it would be exciting and fun to stage a concert of the original music and lyrics, allowing the “unadulterated” version to be sung without compromise.

Shannon Carman and singer/composer Garnett Betts will perform the songs, backed by a trio of musicians led by the talented pianist and composer Karel Roesingh, our neighbour from the Highlands.

Film Night at the Metchosin Community House

Hadwin's Judgement (94 minutes)

Friday, November 25, 7:00 pm, Metchosin Community House

RIC PERRON

Hadwin's Judgement is inspired by the award-winning book, *The Golden Spruce: A True Story of Myth, Madness and Greed*.

The film chronicles the tormented transformation of Grant Hadwin from expert logger to environmental terrorist, a man who dared to challenge the destruction of the world's great rainforest in Haida Gwaii. His perverse and outrageous act of protest was a crime against nature.

Hadwin was a logging engineer and expert woodsman who lived and worked in our remote and ancient forests. His job was to find and remove the largest, oldest, and most valuable trees. The consequences of his expertise were becoming increasingly difficult for him to ignore.

His love for the forest, and the highly skilled part that he was playing in destroying the forest, tragically drove him to commit a strange and unprecedented crime, one that ran contrary to all he had come to hold sacred.

The film interweaves speculation, myth, and reality to explore his descent into torment and self-destruction, a

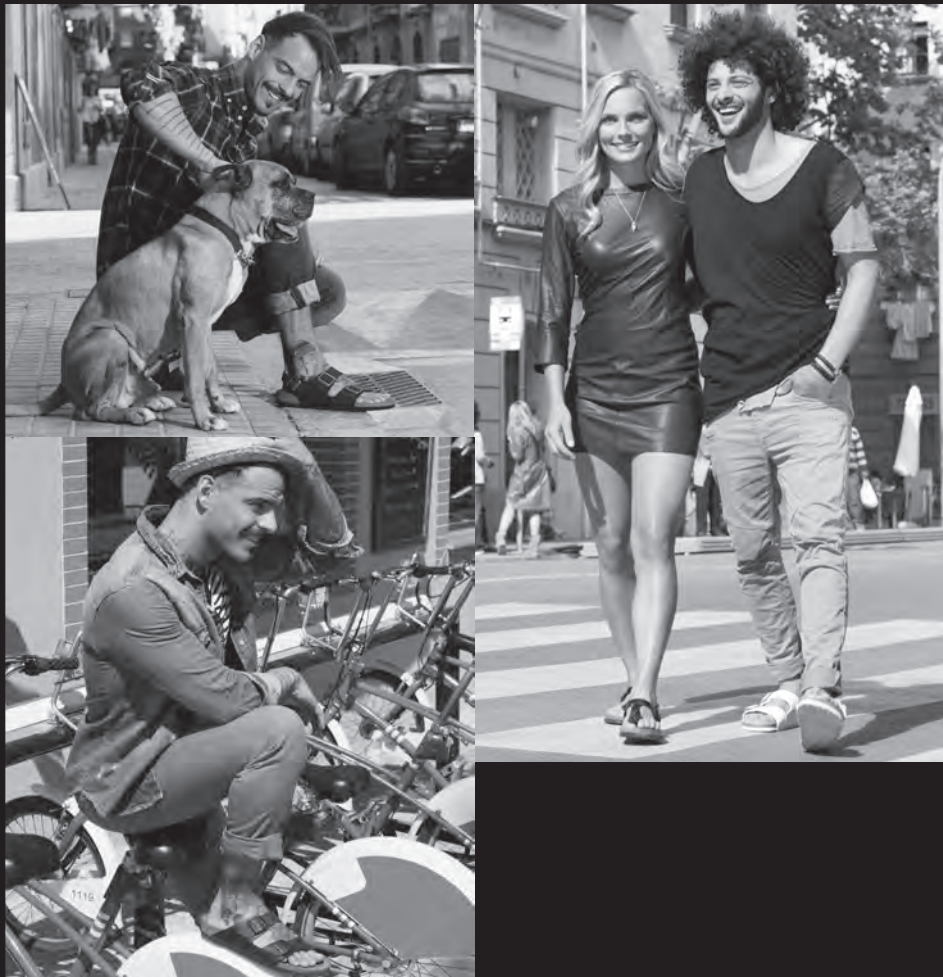


journey that ends with a mysterious discovery that made him not just “a madman,” but also a visionary.

Hadwin's Judgement is the culmination of a seven-year collaboration between its American writer, John Vailant, and the British filmmaker, Sasha Snow.

From the movie: “I ask you, if you had the power to create all matter, including life, and you could synchronize those creations perfectly, what would you do if one life form was apparently abusing all other life, including themselves?”

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Sunday December 4, 2016 | 2:30 PM
Quarterdeck Ballroom
Royal Roads University
2005 Sooke Road, Victoria

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J.S. Bach

Christmas Oratorio, BWV 248 (excerpts)
J.S. Bach

Tickets: Sooke & Metchosin outlets
250-419-3569 | info@sookephil.ca



Making Harmony... Naturally

MCA GUEST SPEAKER SERIES

Charles Grooms: The Paradise Within Farm

Thursday, November 17, 7:00 pm, Metchosin Community House, 4430 Happy Valley Road

RIC PERRON

"Vision, Process, Rewards, and Community Building for Generations to come."

On Salt Spring Island, the "Paradise Within Farm" aspires to be a thriving, self-sustainable, multi-generational community. They welcome farmers, families, and entrepreneurs who wish to contribute and co-develop the land en route to stewarding all aspects of a gorgeous fifty-three acre parcel.

The farm's creator-owner, Charles Grooms, formerly a long-term resident and part of Whistler's business core, traded in his skis for some shovels, rakes, and wheelbarrows, and is now piloting uncharted territory to create something new that we all know we need: a great quality of life through living with a deep human-and-nature connection.

After searching for any framework on which to build the community village, Charles decided instead to try

a new and very old approach, using new age methods and ancient nature-based cultural format. Always welcoming new ideas, fresh thoughts and creativity enhancing criticism, Charles has developed a model for community engagement, development incentives, governance, communication, rituals, co-habitation, and even co-ownership. "The learning curve is steep and endless but the quality of life is wonderful."

Come "travel" with this fun-loving guy, Charles



Charles enjoying some down time on his farm, dancing to Jesse Roper during Music and Garlic Fest 2016. Ric Perron photo

Grooms, as he journeys and inquires through the development of community living. He invites you to "get ready to be engaged, challenged,

humoured, and called forth to participate. We can explore ways to create your perfect community, no matter how small."



HOUSE HAPPENINGS

Metchosin Community House 4430 Happy Valley Road Info: 250-478-5155
Email: mcahouse@telus.net Web: www.metchosincommunityhouse.com

Ongoing Programs

Mondays

Vancouver Island Health Authority Adult Day Program – 9:00 am–3:30 pm. Contact Mobile program coordinator Ken Hillicke at 250-213-2440.

Buddies – 2:45–4:30 pm. Buddies offers Reading and Math tutoring as well as help with homework for Metchosin students grades K–6. Students receive a half hour, one-to-one tutoring session with an adult or teen volunteer. Registration forms are available at Hans Helgesen School or call MCH at 250-478-5155 or the coordinator, Nancy Evans at 250-642-4613.

Pearson College Students Outreach – 3:00–4:30 pm. Helping seniors and youth in our community. Invite Pearson College students to visit or help with a project. Particularly aimed at Metchosin seniors, but call 250-474-0634 and leave a message to see if you might be eligible.

Knitting Café. On the first and third Mondays monthly, 7:00–9:00 pm, knitters of all skill levels, including beginners, are welcome to this informal and friendly get-together. For information call Laura, 250-478-1197, email laura.farquharson@shaw.ca.

Singalong – Metchosin Rough Voice Singers – The Rough Voice Singers meet at the Community House on the second and fourth Monday each month from 7:00–9:00 pm. All are welcome to join us at this fun, drop-in sing-along group where a good singing voice is not a requirement. \$2/person. Contact Barb Sawatsky (250-478-0553).

Tuesdays

Drop In Painters Art Group. This friendly and supportive group of artists and hobbyists meets Tuesday mornings 9:30 am–noon at the MCH. Everyone is welcome.

Knitting Café. On the second and fourth Tuesdays monthly, the Knitting Café has afternoon sessions from 1:00–3:00 pm. See the Monday listing for contact information.

SPECIAL EVENT: Craft Fair and Bake Table – November 22, 10:00 am to 2:00 pm. The Art Drop-In Group and the Knitting Café will be hosting a craft fair with a bake table. The proceeds from the bake table will go towards MCA. We might have a Christmas singalong as well. We hope that you will join us for a fun day. For further information, contact Arlene Welch at 250-391-7905, email lynnarlenewelch@gmail.com.

Wednesdays

Vancouver Island Health Authority Adult Day Program – 9:00 am–3:30 pm (see Monday for details).

Garden Club Meetings – 7:30–9:00 pm – Metchosin Garden Club. Our enthusiastic and informative club features a guest speaker on relevant garden topics on the first Wednesday of every month (except June, July, August, December, January). Membership is \$10/year or \$2 for drop-in visitors. For more information, call Suze Bowen (250-298-7877) or email suzebowen@shaw.ca.

Thursdays

Creative Rug Hooking – First and third Thursdays, 10:30 am–1:30 pm, led by Sheila Stewart, certified instructor of Traditional Rug Hooking. Beginners are welcome, but should contact Sheila (email blueheronstudio@telus.net, or call 250-595-6406) to discuss needed supplies. Experienced rug hookers are invited to bring their own projects. Bring a bag lunch; tea and coffee available. No fees but donation jar available to cover refreshment costs.

Community Potluck Lunch – Last Thursday of each month, 12:00–1:30 pm. All welcome.

Fridays

Parent and Tot Program – 9:30–11:30 am. Calling all Metchosin tots! The Parent and Tot Drop-In Program invites moms, dads, caregivers and their young children to join us Friday mornings for our community program. Children will enjoy our new toys, books and craft opportunities. Parents will enjoy our relaxed, supportive environment, parent resource library and opportunities to connect with other parents and kids. We look forward to seeing you and your little ones.

Pearson Student Teatime Drop-In – 2:45–4:30 pm. Enjoy a cup of tea and conversation with international students from Pearson College.

Music Night – 7:00–9:00 pm. Second Friday of each month. Program will restart January 13, 2017.

Ukulele Gathering – 5:00–6:30 pm, third Friday of each month. Tell all your ukulele-playing students, friends, and relatives! Open to community members of all ages and levels of talent. Bring: a ukulele, capo, tuner, music stand, and a few songs you are willing to share/lead/teach others with appropriate song sheets for others, if not from songbook below. Suggested songbook: *Jumpin' Jim's Daily Ukulele* (as a base resource to work from) if you have it.

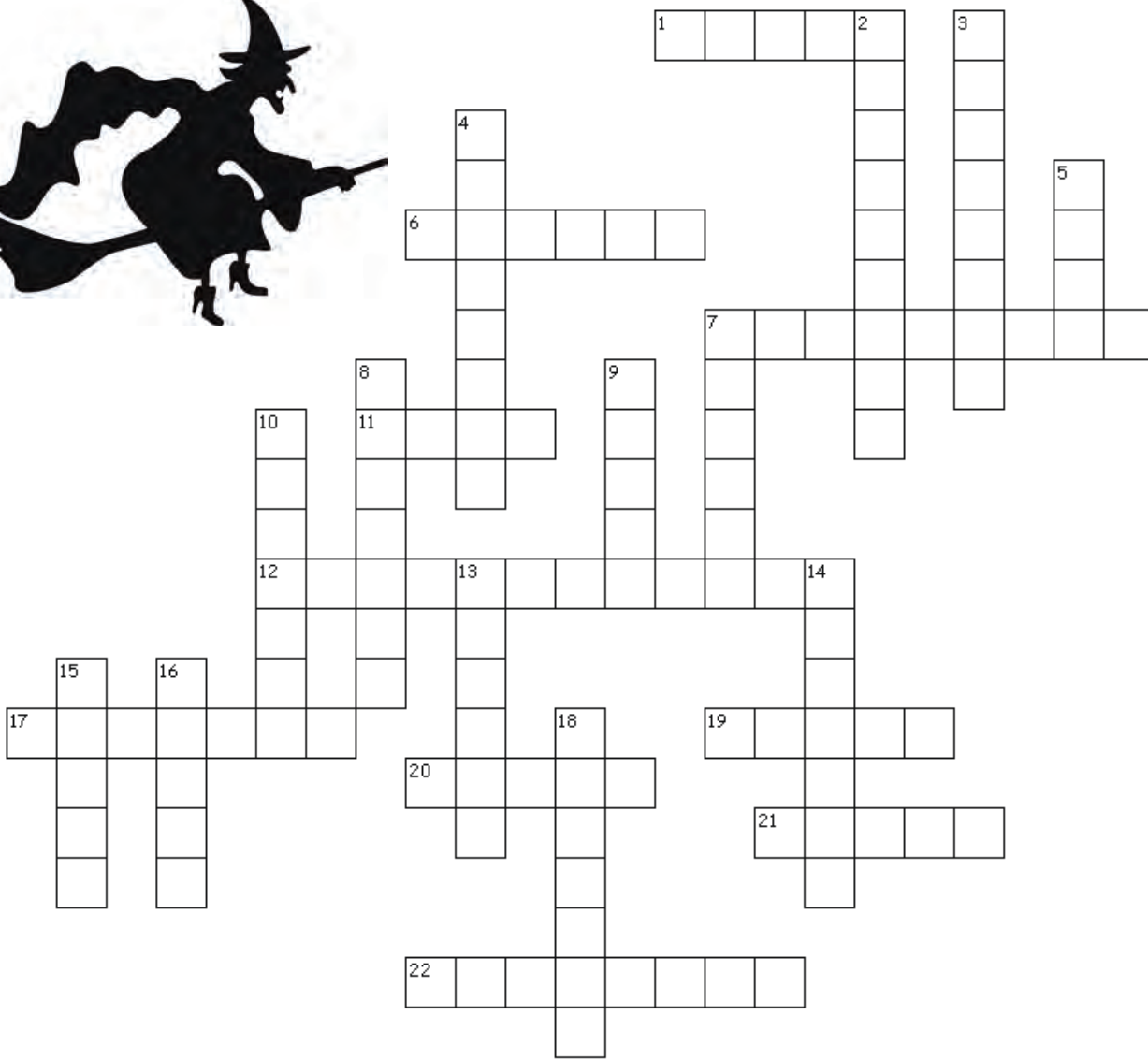
Film Night: Hadwin's Judgement (94 minutes), 7:00–9:00 pm, Friday, November 25.

Events

MCA Guest Speaker Series: Charles Grooms – The Paradise Within Farm. Thursday, November 17, 7:00–9:00 pm.

Art on the Walls – Doug Gilbert, in collaboration with the Metchosin School Museum Society, has compiled and organized a show of 18 historic photographs of Metchosin dating back to the early 1900s. Viewing times are Monday–Friday, 9:00 am–1:00 pm. The Art on the Walls program offers the House as a wonderful venue for artists to show and display their works. For more information, please call the MCH at 250-478-5155.

HALLOWEEN PUZZLER



ACROSS

- 1. woman with evil, magic powers
- 6. colour representing harvest
- 7. spectacular explosion
- 11. give a hoot in the woods
- 12. three words heard repeatedly on Oct 31
- 17. witches' chuckles
- 19. bonbons
- 20. Halloween colour
- 21. scare or ghost
- 22. said to bring bad luck

DOWN

- 2. last day in October
- 3. large metal pot used over an open fire
- 4. gathering place for Metchosin on Halloween night
- 5. face covering as a disguise
- 7. consequence of starting a fire during a rain storm
- 8. large outdoor controlled fire
- 9. haunting apparition
- 10. dress-up
- 13. gathering of vultures prior to migration
- 14. hollowed-out vegetables used before pumpkins
- 15. large corvid
- 16. bony structure encasing the brain
- 18. type of owl or strong Eastern Canada liquor



Halloween at the Fire Hall

See you at the Fire Hall on October 31! See www.metchosin.ca for more information.

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Where Is It?

In Metchosin, it's not unusual to come across something a little different. With its history and diverse population, this is a great place to find uniqueness, whether in a person, place, or thing. The *Muse* hopes to pull some of these treasures out of Metchosin's closet for your enjoyment. **If you can identify where the photo below was taken, send an email to the editor at metmuse@shaw.ca.** The sender of the first email received that correctly identifies the person, place, or thing will receive a free coffee of their choice, compliments of the Broken Paddle Coffee House. We'll let them know to expect you!

Nobody was able to provide a location for the last "Where Is It?", which was featured in the July/August issue. The tree that had grown around a hose can be seen at the Westmont School parking lot. Thank you to Wendy Mitchell for sending in the photo.

sponsored by **The Broken Paddle Coffee House**
 4480 Happy Valley Road, Metchosin

Metchosin 4-H Community Club

Kids having an Exciting, Challenging, Rural Experience



Metchosin 4-H Cavay club members and their charges.

Marie Bell photo

MARIE-TÉRÈSE LITTLE

Now in its sixth year, the Metchosin 4-H Community Club is wrapping up its most successful season of "Learn to Do by Doing" in Metchosin. We were fortunate to welcome new animal projects and new leaders to our club and we are once again expanding our club in 2017 to offer more rural opportunities for kids in the West Shore communities.

The 4-H program provides young people with an opportunity to learn how to become productive, self-assured adults ready to serve their community and country. This is fostered through project and program work, experiences with their other 4-H club members and leaders and their participation in district, regional and provincial programs. The overall goal of the 4-H program is youth development; the objectives of 4-H clubs are knowledge, leadership, citizenship, and personal development. The overall goal is to prepare girls and boys for their future as contributing and engaged adult citizens. 4-H stands for head, heart, hands, and health.

The ever-popular Cloverbuds program (for children aged six to eight years) returned this year under the artful guidance of Lisa Volk and Betty Hildreth. Once a month, a very excited group of 4-H Cloverbuds visited various local farms as an

overall introduction to the 4-H program and agriculture venues in Metchosin. The kids were introduced to farms for beef cattle, bees, sheep, poultry, and vegetables. Highlights included making their own bird feeders and participating in the bicycle rodeo. This fun, exciting, knowledge-building and event-filled program will run again in 2017 and new members and their parents are welcome to join.

The projects offered to the older kids (aged 9-21) expanded this year in the Metchosin 4-H community club to include horses, rabbits, guinea pigs, lambs, chickens, ducks, and bees. Next year we are excited to include a small engine repair project. The 4-H project consists of numerous progressive "units" that are specific to the animal or skill being learned. The variety of units within a project allows for experiential learning and many challenges for both younger and older members. 4-H members keep records of their work and animals throughout the year.

With the overall mission of 4-H to inspire, educate, and develop youth into empowered community leaders, our rural community club plans other activities for children and their parents/caregivers such as demonstrations, judging, educational displays, and public speaking (www.bc4h.bc.ca).

By far, the highlight of the summer was the opportunity

to attend various country fairs where the 4-H kids proudly showed their animals and practiced their showmanship skills. The kids respectfully represented Metchosin at the Coombs country fair, the Saanich fair, and at our own Metchosin Day. Coordinating and facilitating all of these events and leading the path to 4-H success were the intrepid Metchosin 4-H leaders Marie Bell and Cindy Huckin. Cindy, along with Debbie Cooper, steered the kids through a year of learning all about poultry. Jason Barron teamed up with Marie Bell to offer the new rabbit and guinea pig unit. Jason also led the lamb project. With the guidance of our mentor and local beekeeper, Derek Wulff, Marie Bell and Marie-Terese Little offered a very successful honeybee unit. Lisa Volk and Marie-Terese instructed eager learners through the beginner's horse unit.

In 2017, people from age 6 to 21 years are welcome to join our 4-H community club. An information session and registration will be held at the Metchosin Community House on Saturday, November 26 from 1:00-4:00 pm (for the coming year - January to November, 2017). Parents wishing to enroll their children aged six to eight are encouraged to come early at 1:00 pm, and the families of those aged 9 to 21 are welcome to come from 2:00-4:00 pm. Please bring your children's (or your

own if an adult) vaccination, health, and care history (name and number of primary care physician, Care Card number and the date of their last tetanus shot).

The parent handbook is useful and readily available for free at www.bc4h.bc.ca/pdf/1925_4HParentsHandbookNov2010_Jan12.pdf. Metchosin 4-H is a not-for-profit club and the membership cost for 2017 is \$145. The majority of the fee (\$95) is for your child's insurance

through BC 4-H; the remaining \$50 goes towards the Community House rental and supplies needed to run the program. Consider enrolling your children and becoming involved in the Metchosin 4-H program in 2017 to help your kids appreciate our rural connections, develop community awareness, leadership, communication and other life skills. For additional information contact Marie Bell and Cindy Huckin at Metchosin 4-H, metchosin4h@gmail.com.

Know any interesting residents of Metchosin?
Submit a story about them to the *Muse*!



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Metchosin 4-H honeybee member.
Marie-Térèse Little photo



Metchosin 4-H members at Derek Wulff's bee farm.
Marie-Térèse Little photo

EMERGENCY PROGRAM INFORMATION SESSION

Explore what NGOs can do for Metchosin in the event of disaster

Emergency Program Information Session:
Explore what NGOs can do for Metchosin in the event of disaster
Tuesday, November 15
7:00 pm
Metchosin Fire Hall

CHARLA HUBER, METCHOSIN EMERGENCY PROGRAM

Prepare yourself with knowledge before a disaster strikes. Even if you have a fully stocked emergency kit and other contingency plans in place, you can still educate yourself on the other helping hands that may be available.

There are many non-government organizations

(NGOs) on southern Vancouver Island that are ready to help in the case of an emergency.

NGOs are prepared to help care for and rescue pets, feed community members with mobile kitchens, and assist with first aid, among other resources and services.

"In the event of a large event or local emergency we would open a reception centre

where people could spend the night. Depending on the number of people at the site, we could be overwhelmed and call on NGOs to help assist us," said Dawne Kirwan of the Metchosin Emergency Program.

The Metchosin Emergency Program is hosting an information session on NGOs

and how they could assist Metchosin in the event of a catastrophic disaster or local emergency. The session is free and a door prize is won at each session. The session begins at 7:00 pm on November 15 at the Metchosin Fire Hall, 4440 Happy Valley Road. For more information call 250-478-1307.

RCMP Call-Outs SEPTEMBER 2016

CONSTABLE ALEX BÉRUBÉ, WEST SHORE RCMP | GRC DE WEST SHORE

- | | |
|---|---|
| Sep 1 Stillmeadow Road – Assist Metchosin Fire for aggressive person when dealing with a large fire in backyard. Police attendance cancelled prior to arrival. | Sep 16 Sooke Road – Complaint of dead deer on the road. Mainroad Group notified. |
| Sep 3 Sugarloaf Mountain – Report of lost hikers. Search and Rescue contacted and tracked lost hikers. | Sep 17 Kangaroo Road – Single vehicle collision. Driver transported to hospital. |
| Sep 4 Rocky Point Road – Report of single motorcycle collision. Motorcyclist transported to hospital. | Sep 18 Kangaroo Road – Single vehicle collision. Driving too fast for conditions. |
| Sep 5 Sooke Road – Driving complaint regarding a tailgating vehicle. Vehicle not located. | Sep 20 Bridlewood Court – Called to check on the health of an individual. |
| Sep 6 Chapel Heights Drive – responded to an individual in medical crisis. | Sep 21 Taylor Road – Report of stolen bike. Complainant intoxicated, bicycle located nearby. |
| Sep 7 Sooke Road – Report of possible impaired driver. Vehicle located, driver not impaired. | Sep 22 Kevere Road – Responded to a fraud complaint as a result of theft of mail. |
| Sep 8 Metchosin Road – Report of stolen BBQ. No suspect identified. | Sep 23 Sooke Road – Complaint of aggressive driver. Vehicle not located. |
| Sep 9 La Bonne Road – Report of a lost licence plate tag. | Sep 24 Rocky Point Road – Complaint of speeders in school zone. Info shared at detachment for consideration. |
| Sep 10 Metchosin Road – Driving complaint. Warning letter sent to registered owner of vehicle. | Sep 25 Ireland Place – Complainant needed police to pick up surrendered pellet gun and bear spray. |
| Sep 11 Rocky Point Road – Report of a Hit and Run. Suspect located. | Sep 26 Duke Road – Responded to a workplace accident. Assisted Workplace BC. |
| Sep 12 Barrow Road – Report of a deceased bear on property. | Sep 27 Sooke Road – Responded to a broken down vehicle causing a hazardous situation for traffic. |
| Sep 13 Rocky Point Road – Responded to a domestic dispute. Parties all dealt with. | Sep 28 Cook Road – Abandoned 9-1-1 call received from the area. Patrols negative. |
| Sep 14 Malloch Road – Residential alarm. Police attended, house secure. | Sep 29 Neff Road – Located vehicle with wrong plates. Plates seized, vehicle towed. |
| Sep 15 Graceland Drive – Complaint of theft from vehicle. No suspect identified. | Sep 30 Eales Road – Complaint of a dog bite injury. CRD Bylaw/Animal Control notified. |

Fire Department Call-Outs SEPTEMBER 2016

FIRE CHIEF STEPHANIE DUNLOP

Check out Metchosin Fire on Facebook or follow me on Twitter @ ChiefDunlop

- | | |
|---|---|
| Sep 01 Pears Road – Hydro-fire
Stillmeadow Road – Open burn | Sep 17 Sooke Road – Petroleum spill/fire
HAZ MAT |
| Sep 02 Metchosin Road – Open burn, camp fire
Rocky Point Road – Open burn
Sooke Road – MVI | Kangaroo Road – MVI |
| Sep 04 Kangaroo Road – MVI
William Head Road – Medical | Sep 20 Derrien Place – Medical |
| Sep 07 Rocky Point Road – Medical | Sep 21 Bridlewood Crescent – Medical |
| Sep 11 Beach fire | Sep 26 Duke Road – Medical |
| Sep 12 Chalister Place – Medical
Rocky Point Road – Medical | Happy Valley Road – Assistance – general public
Metchosin Road – MVI |
| Sep 15 Rocky Point Road – Alarm bells – residential
Aquarius – Animal rescue | Sept 29 Happy Valley Road – Assistance – public works |
| Sep 16 Happy Valley Road – Assistance
BCAS | |

MVI: Motor Vehicle Incident
SFRes: Structure Fire Residential
SFComm: Structure Fire Commercial
BCAS: BC Ambulance Service
CO: Carbon Monoxide Alarm

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CLASSIFIEDS

\$10 per 25 words to go in this monthly paper which is mailed to every Metchosin household. Envelopes for submissions and payments are provided at Metchosin Country Store.

Deadline for submissions is the 15th of each month and can be dropped off at Metchosin Country Store.

FOR SALE

ESTATE SALE – YARD AND SHOP TOOLS – SP lawn mower, B&D Jobmate folding bench, airless paint sprayer, routers (2) + Pro. Table + stand +50 bits, plate jointer and 2 dowel gauges, Rotozip spirals saw + 30 blades, 4" x 24" shaper, 16" scroll saw, Halogen tripod work light, 12" thickness planer, 3 coolers. Metchosin area; phone 250-474-3669.

LESSONS

FOODSAFE – LEVELS 1 & 2, MARKETSAFE & WHMIS – Classes taught by certified instructors. See website www.hospitalitytrainingplus.com for information or contact Evelyn for on-site group classes. Call 250-474-5596.

Important Dates and Events

- Oct. 28 **Film Night: DamNation**, 7:00 pm at the Metchosin Community House
- Oct. 30 **Last Metchosin Farmers' Market for the season**
- Oct. 31 **Halloween at the Fire Hall** p. 12
- Nov. 2 **Creating a Native Plant Garden** p. 7
- Nov. 11 **Remembrance Day March** p. 2
- Nov. 12 **Wild ARC Fall for Wildlife Dinner** p. 7
- Nov. 15 **Emergency Program Information Session: Explore what NGOs can do for Metchosin in the event of disaster** p. 15
- SIRC AGM**..... p. 5
- Nov. 17 **MCA Guest Speaker: Charles Grooms** p. 11
- Nov. 18 **Metchosin Bandwagon Music Night**
Introducing a GREAT light rock band, "Shades of Grey," who will be performing from 7:00 to 9:15 pm at the Metchosin Golf Course on Friday, November 18. Bar and kitchen opens at 5:30 pm. \$5 donation goes to the musicians. Come dance to tunes from Fleetwood Mac, John Fogerty, The Beatles, Dwight Yokum and many more!
- Nov. 19/20 **Stinking Fish Studio Fall Show**
10:00 am-5:00 pm, WestMont Montessori School
- Nov. 19 **Metchosin Gratitude Day** p. 14
- Nov. 20 **An Evening with A.A. Milne** p. 10
- Nov. 21 **Mince Pies go on sale!** p. 4
- Nov. 22 **Craft Fair and Bake Sale at the MCH** p. 6
- Nov. 25 **Film Night: Hadwin's Judgement** p. 10
- Nov. 26 **4-H Club Information Session** p. 13

For ongoing events at the Metchosin Community House, please see page 11.

CRD Nature Events take place throughout the year in Metchosin, East Sooke, Sooke, and Langford. For details, go to crd.bc.ca/parks-events.

Clip and save this listing!



St. Mary's Metchosin Anglican Church says 'Thank You'

St. Mary's Metchosin Anglican Church would like to thank everyone who supported and contributed to the success of our Blackberry Festival, especially: Royal Bay Bakery – for their generous donation of their time and expertise in the making of the pie shells;

Glenrosa Farm Restaurant – for donating the delicious scones for the tea; the Guides of the 1st Langford Troop who served in the Tea Room; and our volunteers who picked berries, assembled pies, made jams, jellies, baking, cordial, cards, and artwork.

Directory of Organizations

The following is contact information for not-for-profit organizations. Fuller descriptions are given in the "Directory of Metchosin," available at the Municipal Hall and the Community House. Brief articles highlighting special events should be mailed to metmuse@shaw.ca by the 15th of each month, as should any amendments or additions to this list.

AIR CADETS
www.848royalroadsaircadets.com
www.facebook.com/848aircadets
250-590-3690
848air@cadets.gc.ca

ALZHEIMER SOCIETY OF BC
250-382-2052,
www.alzheimerbc.org

ASSOCIATION FOR THE PROTECTION OF RURAL METCHOSIN (APRM)
250-478-1197, www.aprm.ca

BADMINTON
Women's 250-478-9648

BILSTON WATERSHED HABITAT PROTECTION ASSOCIATION
250-478-2387,
ikmcken@islandnet.com,
www.bilstoncreek.org

'CHOSIN CHATTERS TOASTMASTERS
info@chosinchatters.org,
www.chosinchatters.org

CRD PARKS
250-478-3344,
crdparks@crd.bc.ca,
www.crd.bc.ca/parks

GIRL GUIDES OF CANADA (Metchosin and Colwood)
tandwcampandcomish@shaw.ca,
250-478-5484

LA LECHE LEAGUE CANADA
250-727-4384

METCHOSIN ARTS AND CULTURAL CENTRE ASSOCIATION (MACCA)
info@metchosinartcentre.ca
www.metchosinartcentre.ca

METCHOSIN COMMUNITY HOUSE
250-478-5155,
mcahouse@telus.net,
www.metchosincommunityhouse.com

METCHOSIN COUNCIL
250-474-3167,
mayorandcouncil@metchosin.ca,
www.district.metchosin.bc.ca/meetings

METCHOSIN EMERGENCY PREPAREDNESS
250-478-1307, ham operators call in on 146.550. POD members can call FRS (Family Radio Service) radios: Channel 1 with "0" privacy tone

METCHOSIN EQUESTRIAN SOCIETY
250-391-7511,
exchanging@shaw.ca,
www.mesmetchosin.org

METCHOSIN FOUNDATION
metchosinfoundation@gmail.com,
<http://metchosinfoundation.ca>

METCHOSIN 4-H COMMUNITY CLUB
metchosin4h@gmail.com,
www.metchosin4h.com

METCHOSIN GARDEN CLUB
250-298-7877

METCHOSIN HALL SOCIETY
250-478-6424,
<http://metchosinhall.com/>

METCHOSIN HIKING CLUB
250-478-4778

METCHOSIN MUSEUM SOCIETY
Pioneer Museum, 250-382-1989,
School Museum, 250-478-5447

METCHOSIN PONY CLUB
250-727-3595

METCHOSIN PRESCHOOL
250-478-9241,
metchosinpreschool@gmail.com,
www.metchosinpreschool.com

METCHOSIN PRODUCERS' ASSOCIATION
metchosinfarmersmarket@gmail.com
Facebook: Metchosin Farmers' Market

METCHOSIN SEARCH & RESCUE
250-478-2210

METCHOSIN SENIORS' INFORMATION & RESOURCE CENTRE (SIRC)
250-478-5150, msirc@shaw.ca
www.metchosinseniors.ca

METCHOSIN SENIORS' ASSOCIATION (MSA)
250-478-5150, msirc@shaw.ca
www.metchosinseniors.ca

MT. MATHESON CONSERVATION SOCIETY
250-642-0238

PACIFIC CENTRE FAMILY SERVICES ASSOCIATION
345 Wale Road, Colwood
250-886-2481
www.pacificcentrefamilyservices.org

POD LEADERS
Kathleen Sutherland
250-474-3966

ROUGH VOICE SINGERS
September to April
250-478-0553

ROYAL CANADIAN LEGION
Branch 91, Station Rd, Langford
Ladies Auxiliary
250-478-5484

SCOUTS CANADA
14thjuanedefuca@victoriascouts.ca

SEA CADETS
250-478-7813

TOPS: Take Off Pounds Sensibly
Audrey 250-478-1352
Marnie 250-478-9637

SWANWICK CENTRE
A centre for spiritual inquiry
250-744-3354
programs@swanwickcentre.ca
www.swanwickcentre.ca

WEST SHORE ARTS COUNCIL
250-478-2286,
info@westshorearts.org,
www.westshorearts.org

WEST SHORE COMMUNITY BAND
250-474-3999

WEST SHORE PARKS AND RECREATION
250-478-8384,
www.westshorerecreation.ca

CHURCHES

BAHA'I FAITH
250-514-1757

GORDON UNITED CHURCH
250-478-6632
www.gordonunitedchurch.ca

HOLY TRINITY REFORMED EPISCOPAL CHURCH
250-727-3722

OPEN GATE CHURCH
250-590-6736
www.theopengate.ca

ST MARYS' METCHOSIN
Anglican Church of Canada
250-474-4119
stmarysmetchosin.ca

WESTSIDE BIBLE CHURCH
www.westsidefamily.org
250-478-8066

WESTSONG COMMUNITY CHURCH OF THE SALVATION ARMY
250-474-5967
www.westsong.ca

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250-642-4044



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The above listing is a directory of organizations only. Please submit changes to this information to metmuse@shaw.ca. Individuals, groups and organizations are invited to submit details on upcoming events, to be included under "Events" on this page. Deadline for submission is, as always, the 15th of the month preceding the issue date.